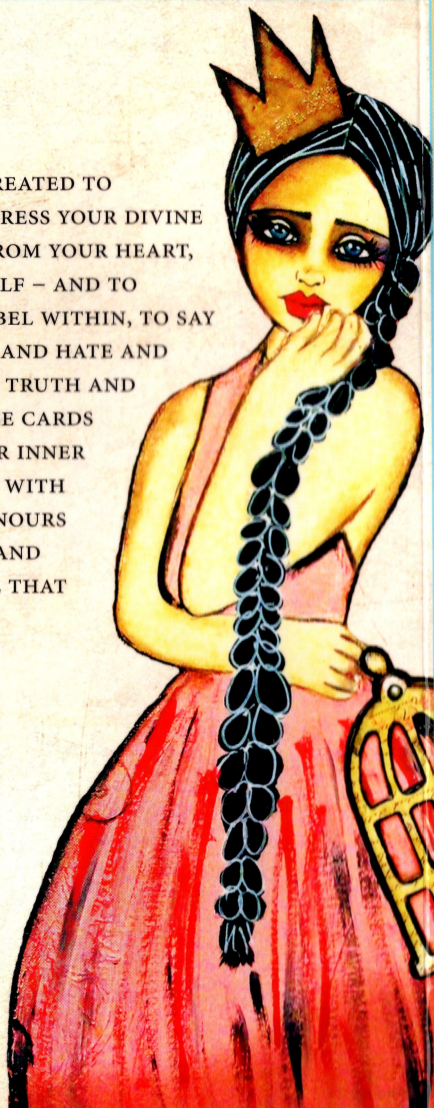


THESE CARDS HAVE BEEN CREATED TO  
HELP YOU AWAKEN AND EXPRESS YOUR DIVINE  
FEMININE SPIRIT, TO LIVE FROM YOUR HEART,  
TO EMPOWER YOUR TRUE SELF – AND TO  
DISCOVER YOUR SACRED REBEL WITHIN, TO SAY  
NO TO THE VOICES OF FEAR AND HATE AND  
BECOME A VOICE FOR LOVE, TRUTH AND  
SPIRIT ON THE EARTH. THESE CARDS  
EXPRESS THE VOICE OF YOUR INNER  
GODDESS, WHO IS FRIENDLY WITH  
YOUR SOUL. SHE LOVES, HONOURS  
AND PROTECTS YOUR SOUL AND  
WANTS YOU TO BECOME ALL THAT  
YOU WERE BORN TO BE.

**BLUE ANGEL®**  
PUBLISHING



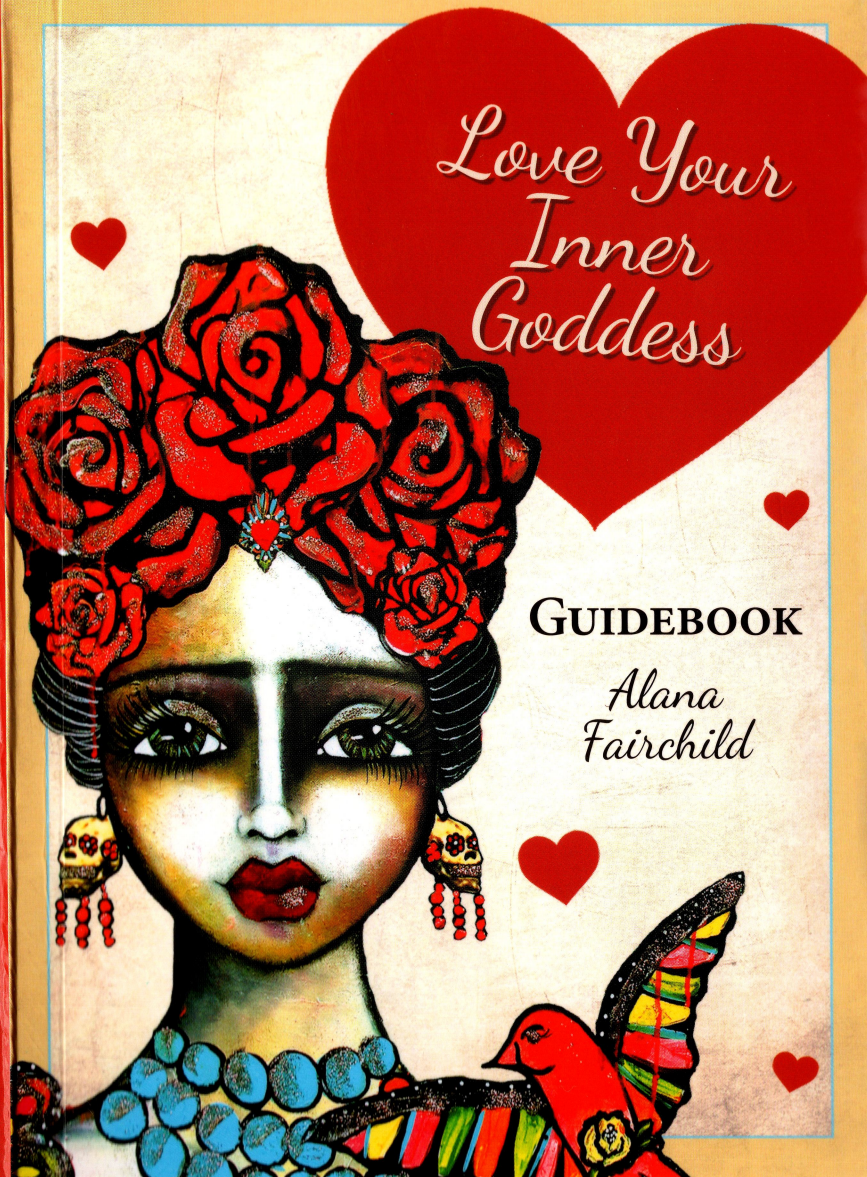
ALANA FAIRCHILD • LOVE YOUR INNER GODDESS • GUIDEBOOK

BLUE ANGEL PUBLISHING

*Love Your  
Inner  
Goddess*

**GUIDEBOOK**

*Alana  
Fairchild*



# *Love Your Inner Goddess*

ORACLE CARDS TO EXPRESS  
YOUR DIVINE FEMININE SPIRIT

*Alana Fairchild*

 **BLUE ANGEL®**  
PUBLISHING



Copyright © 2017 Alana Fairchild  
Artwork Copyright © 2017 Lisa Ferrante

All rights reserved. Other than for personal use, no part of these cards or this book may be reproduced in any way, in whole or part without the written consent of the copyright holder or publisher. These cards are intended for spiritual and emotional guidance only. They are not intended to replace medical assistance or treatment.

Published by Blue Angel Publishing®  
80 Glen Tower Drive, Glen Waverley,  
Victoria, Australia 3150  
E-mail: [info@blueangelonline.com](mailto:info@blueangelonline.com)  
Website: [www.blueangelonline.com](http://www.blueangelonline.com)

Edited by Jamie Morris

Blue Angel is a registered trademark of Blue Angel Gallery Pty. Ltd.

ISBN: 978-1-925538-24-3

# Contents

Introduction 5

## CARD MESSAGES

- |                                       |                            |
|---------------------------------------|----------------------------|
| 1. Wild and Free 22                   | 24. Peacock Priestess 56   |
| 2. Divine Bad Ass 23                  | 25. Warrior Goddess 57     |
| 3. Gypsy 24                           | 26. Lioness 59             |
| 4. Be There For You 26                | 27. Paeonia 60             |
| 5. Gelato Goddess 27                  | 28. Medicine Wisdom 62     |
| 6. Damsel fly Brings<br>Direction 29  | 29. Beautiful Bandit 63    |
| 7. Moon Child 30                      | 30. Priority of Purpose 65 |
| 8. Daughter of the Sacred<br>Heart 32 | 31. Magdalene 66           |
| 9. Rockstar 33                        | 32. Queen of Hearts 68     |
| 10. Tribe of the Kindred 35           | 33. Mermaid Soul 69        |
| 11. Finch Spirit Guide 36             | 34. Shaman of Skulls 71    |
| 12. Princess Saviour 38               | 35. On Your Own Terms 72   |
| 13. Good Witch 39                     | 36. Elk Medicine Woman 74  |
| 14. Bright Destiny 41                 | 37. Psyche 75              |
| 15. Hero 42                           | 38. Soul Sisters 77        |
| 16. Freaking Beautiful 44             | 39. Black Diamond 78       |
| 17. You Are the Light 45              | 40. Gaia 80                |
| 18. Creatrix 47                       | 41. Amalthea 81            |
| 19. Spirit Warrior 48                 | 42. Angel of Truth 83      |
| 20. Daring Dreamer 50                 | 43. Madonna of Roses 84    |
| 21. Starborn 51                       | 44. Earth Goddess 86       |
| 22. Free Spirit 53                    | About the Author 88        |
| 23. White Sage 54                     | About the Artist 89        |
|                                       | Also available 90          |





# Introduction

These cards have been created to help you awaken and express your divine feminine spirit, to live from your heart, to empower your true self – and to discover your sacred rebel within, to say no to the voices of fear and hate and become a voice for love, truth and spirit on the earth. These cards express the voice of your inner goddess, who is friendly with your soul. She loves, honours and protects your soul and wants you to become all that you were born to be, to not deny your truth or hide your light.

Living as a soul, with truth, takes real courage in this world. We are often taught to follow the rules and be a good boy or girl – and that if we do this, everything will be OK. Your inner goddess thinks that is a bunch of nonsense. She knows that allowing your spirit to be controlled by others will stop your soul from growing and make you a prisoner of other people's fear. She wants so much more for you. She wants you to live a beautiful divine destiny. She will show you how to be a loving rebel, breaking the rules that go against your heart and soul, changing the game and playing from the heart. She'll show you how to live the life that is meant only for you.

This card set will help you tune into your inner voice and feel guided from within. It will show you how to become your own hero, your own empowered divine wild and wise goddess self. You are meant to live the unique life that is destined for you. You are even meant to stir up healing change and be a voice for what is wise, loving and true.

There are issues in our own lives and the world that need to change, that need to be healed. Your inner goddess knows how to bring about healing change with love, playfulness, courage and dignity. She is a



fearless minx, who will always show you the truth, always believe in you (because she knows what you are capable of) and will guide you every step of the way to live your amazing, inspired life – from the heart.

The idea that we can ignore our own hearts, go against what we feel is right and true, just because society says we have to is coming to an end. It is not a way to thrive; it is not even a way to survive. Your inner goddess will help you dance, love, storm and laugh your way into a more beautiful world, created from the heart.

## HOW TO USE THESE CARDS

You can use these cards with your friends, in a meditation or healing circle or in a book club (you can read the accompanying *Love Your Inner Goddess* book and do the dances, rituals and meditations on the included CD/MP3 download if you like, too, creating a conscious celebration).

The best way to use the cards is to take a moment to imagine you are settling into your heart. Then simply ask a question – or, if you don't have a particular issue to address, you can say, "Through unconditional love, what do I most need to know right now?"

When you come from the heart, you'll attract the right guidance for you. Sometimes, that will make sense straight away and answer your question. Sometimes, you'll wonder if you pulled the wrong card because you won't get it immediately. Stick with it. You haven't made a mistake, and the cards are working for you. They are showing you that there is another way to think about something, a different issue going on at a deeper level than what you may have realised. They are showing you the divine feminine way of a solution – which

is sometimes not at all what we expect it to be because she works intuitively and creatively and is not bound by logic. That is one reason why her healing is so delightful and effective. It is also why we need trust and faith when our minds may become anxious or confused at her unexpected and unconventional ways, which are always lovingly in our best interest.

Trust yourself. These cards will prompt your intuition and stimulate your own inner wisdom. Just taking some time to read and reflect and perform the sacred ritual is enough to empower the inner goddess in your life. Step by step, she's leading you on a sacred journey of your most inspired and beautiful life.

## CAN I USE THESE CARDS FOR READINGS WITH OTHERS?

Absolutely. You can shuffle for your client and choose or have them choose. Use whatever technique works for you. You may like to familiarise yourself with the cards so that you know the messages a little and can fill in the rest with your intuition when reading for another. You will tune into your feelings about the card image or the words in the message to help your client find their own inner truths. You may also like to read portions of the guidance to your client, or have them read it for themselves. You could then read the sacred ritual and have them complete it, to seal in the guidance and healing energy awakened through the connection to the card and what it represents. If you are working with more than one card, you can do the sacred ritual for all the cards, or just the card(s) that speaks to you the most strongly in the moment. Trust your intuition to guide you as to what you (or your client) needs.



## CARD LAYOUTS FOR READINGS

You can use these cards in a simple way, by asking a question and then shuffling and choosing one or more cards for your answer. Remember, more cards are not necessarily more helpful. More information can sometimes just be confusing. So perhaps begin with one card. If you feel that you need further clarification, then shuffle and draw another card to help you. You can choose the cards using either hand. Fan them down flat on a table or floor and then choose whichever card(s) grabs your attention. There is no such thing as a wrong choice, but when you are centred in the heart, your choices will really speak to you at a deep soul level, and you'll feel moved by the guidance offered.

You can also use my favourite method, which is to shuffle, and when a card flies out whilst I am shuffling (it almost always happens that one does), choose that card to read for myself (or another if I am doing a client reading).

In addition, there are five unique card layouts that you can use, below. Each one activates a particular inner goddess power. To learn more about these (plus, have dance music, guided meditations, spiritual guidance, affirmations and sacred rituals to awaken each of these inner goddess powers in you), you can check out the book and CD/download pack called *Love Your Inner Goddess*, which can help you take this inner goddess journey to a deeper level.

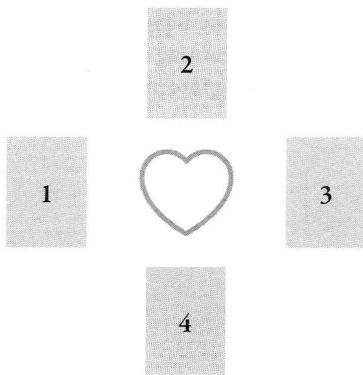
Finally, you can also play with your own layouts. Have fun! Your inner goddess will guide you to soulfully play and connect with these cards in the best way for you.

## CARD LAYOUTS

### CARD LAYOUT FOR INNER GODDESS POWER OF YOUR HEART – CREATING NEW CONSCIOUSNESS

The heart is a spiritual gateway into new consciousness. It has the ability to heal and help us step through from one way of thinking and feeling about things into an entirely different perspective – one that brings peace, happiness, relief and joy. We tend to believe that circumstances have to change before our feelings do. The heart knows that we are able at any time to change our feelings, which then allows circumstances to change. This card layout will help you tap into the healing power and wisdom of the heart, creating new consciousness within (for you and/or the person receiving the reading from you) and, through that change in you, allowing the circumstances in your life to shift and heal in response.

Shuffle and choose a card for each position below. Read the statement for each card position and, then, with that in mind, read through the guidance of each card.





### **Position One – Heart guidance about the past**

This card position is for guidance about what has already happened, helping you get a grip on the situation from a higher perspective. Read it from the perspective of guidance for the past.

### **Position Two – Heart guidance for the present moment**

This card position is for guidance about what is happening now, where you are at and how you could gain the most soul learning at this time, for the greatest benefit.

### **Position Three – Heart guidance for the near future**

This card position is for guidance about what is coming up in the near future, immediately, as you integrate your soul learning, letting go of the past and coming into the present moment – which, in turn, creates a gateway to a different future. Read it with the perspective of applying it to your near future.

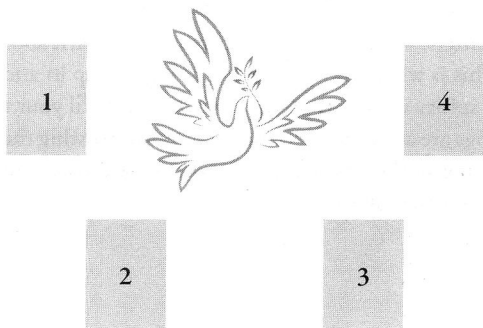
### **Position Four – Heart guidance for your future that you need to know now**

This final card position is guidance about your future overall – not just the near future, but the bigger picture. This will help you understand what your soul is learning overall at this time. It will help you grasp what you are growing into and becoming at a deeper level.

## CARD LAYOUT FOR INNER GODDESS POWER OF YOUR SPIRIT – YOUR LIFE PURPOSE

Your spirit knows what you are meant to be doing with your life. It is not necessarily the same thing that your friends, family or society may think you should be doing! It may involve a certain career path, but is actually about so much more than that. When your mind is uncertain about which choices to make and which path to take, you will feel the truth of your spirit in your heart. Your purpose in life can require a lot from you – that you become the best version of yourself and use all of your talents, even developing some that you didn't know you had, along the way. It will also fill your heart with joy. You will love your life, and that is your way of knowing that it is what has always been destined for you. This card layout will help you clear and empower your soul to receive the guidance of your spirit so that you can live the beautiful life meant for you.

Shuffle and choose a card for each position below. Read the statement for each card position and, then, with that in mind, read through the guidance of each card.



### **Position One – Spirit speaks about what has held you back**

This card position is for guidance from your spirit about what has been holding you back and what you are now in the process of overcoming. Through this process, you will gain something valuable to assist you on your life path.

### **Position Two – Spirit speaks about your core soul strength**

This card position is for guidance from your spirit about your core soul strength. This is something within your soul that is already very strong, developed in past lives and ready to be used again in this lifetime. It will help you fulfil your life purpose.

### **Position Three – Spirit speaks about new soul abilities**

This card position is for guidance from your spirit about new soul abilities you are developing in this lifetime. They may not always feel like strengths, because when we are learning something new, growing in some way, it's usually awkward for a while. Developing this particular strength will be key for you to take major leaps on your life path and fulfil your sacred purpose.

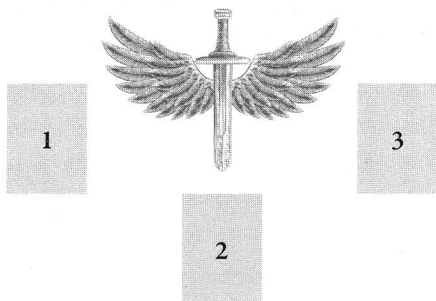
### **Position Four – Spirit speaks about divine blessing**

This final card position is for guidance from your spirit about a divine blessing. This is where the Universe is going to step in and help you with some spiritual “bonus points” to help you fulfil your mission in life. Blessings are activated by faith. That means trusting the Universe will help bring all the positive aspects of this card into your life in an effortless and graceful way.

## CARD LAYOUT FOR INNER GODDESS POWER OF YOUR TRUTH – FREEING YOUR INNER POWER

A woman in touch with the truth is a woman who can be powerful in a positive way. It's hard to be powerful or positively effective when we are confused by lies, manipulations, seductions, hidden agendas and other forms of deception. For the soul, it can feel like an almost impenetrable fog has surrounded us, and we cannot see clearly. When truth is revealed, the clouds part, and we have clarity. We see who we really are, what is really going on and what we need to do – or not do. This card layout will help you clear the fog and be empowered.

Shuffle and choose a card for each position below. Read the statement for each card position and, then, with that in mind, read through the guidance of each card.



### **Position One – The truth of what is being hidden**

This card position reveals what has been hidden from you. It may be hidden behind your own fears or by the actions or intentions of someone else. As you embrace this guidance, you will begin to cut through the fog, realise the truth and step into your power.

### **Position Two – The truth of your own soul**

This card position reveals what is actually happening for you at the deepest levels of your soul. This is about a deeper truth of your own soul. The healing and empowerment of this card's guidance is what will bring great benefit to you. No matter how much it may seem like you need to deal with many other issues, this inner-truth card will help you avoid unhelpful distractions (even if they once seemed so compelling). As the inner truth of your soul is acknowledged and expressed, healing energy can then flow into all other areas of your life, too.

### **Position Three – The truth of what is coming to life**

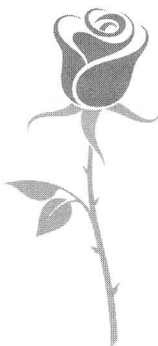
This card position reveals what will come to life in you and your world as the fog is cleared and you attend to the inner truth of your own soul. This card reveals what is meant to be for you – and what will actually take place, as you work through the previous guidance. It is a card of the highest outcome from a spiritual perspective. Read it from the perspective of a reward and a blessing.



## CARD LAYOUT FOR INNER GODDESS POWER OF YOUR BEAUTY – JOYFUL ABUNDANCE

Can you remember or imagine a time when you felt truly beautiful? At home in your own skin, good about yourself, open to others, playful, valuable, worth time and attention, special? If you have never felt like this, you deserve to experience it! Now, imagine that feeling of beauty amplified a thousand-fold or more. This is what happens when we feel our divine inner beauty. It's not actually about appearance at all – although it shines through from within, enhancing our physical attractiveness. This true inner beauty makes you feel like a beautiful person, helps you to live your life with joy, to love with an openness and generosity that attracts so many good things into your world. This card layout will help you clear what is blocking your inner beauty from shining through and magnetise whatever your soul wants and needs for your best and most joyful life.

Shuffle and choose a card for each position below. Read the statement for each card position and, then, with that in mind, read through the guidance of each card.



### **Position One – Beautiful abundance from the roots in the earth**

This card position gives soul guidance to reinforce your self-worth and provide guidance for you to address matters that need healing at the deepest, root level of your soul. This helps shift blockages around receiving, belonging, a sense of purpose and place, mothering, soul family, abundance, happiness and destiny – and whatever else your soul may know that it needs to release at the deepest level for you to fulfil your divine potential.

### **Position Two – Beautiful abundance and the thorns that protect**

This card position gives guidance about what needs to be put in place in order to protect and secure your inner treasures. It will help you make any necessary changes in your relationship to yourself, to the Universe, to others and to the external world that would otherwise compromise your progress, steal your joy or undermine you in any way.

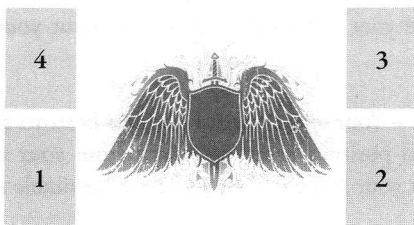
### **Position Three – Beautiful abundance of the blooming rose**

This card position gives guidance to help you understand that you are so loved that the Divine has prepared a very special destiny for you, along with all the help and power you could possibly need to accomplish it. The guidance from the card in this position gives you a taste of what will become one of the jewels in your soul crown of destiny. Consider it a sign from the heavens of just one part of your divine destiny.

## CARD LAYOUT FOR INNER GODDESS POWER OF YOUR WARRIOR – WAY OF THE INNER WARRIOR GODDESS

Your inner warrior goddess has courage, wisdom, self-belief and determination. She refuses to give up, and this leads to her success. The war might be against something unhelpful within your own beliefs about yourself, or the world, that is holding you back from living your destiny. Or the war may seem to be against the fear that other people try to impose upon you. Or it may be quite a different war that you sense is raging in you or in the world around you. No matter whether the battle is internal or external or both, your inner warrior goddess will not be stopped. She may feel fear or doubt, just like anyone else would. But she also has spiritual strength, which shows itself as a willingness to keep going, even through dark times in her life, with hope in her heart, fighting for what is good and true. This card reading will help you when you feel at your end, confused or just really scared of failing. It will assist you in remembering that you never have to be perfect, you just need to take the journey. This reading will help you become victorious in any war, at the deepest spiritual level.

Shuffle and choose a card for the position below. Read the statement for each card position and, then, with that in mind, read through the guidance of each card.



### **Position One – Your inner warrior goddess bestows courage**

This card position brings guidance from your inner warrior goddess about having courage. Courage is the willingness to act even when you feel afraid or uncertain. The card in this position helps you understand how you are asked to be courageous right now. Remember that courage isn't the absence of fear, it is feeling the fear and acting regardless. Courage is a leap of faith.

### **Position Two – Your inner warrior goddess bestows wisdom**

This card position brings guidance from your inner warrior goddess about having wisdom. Wisdom helps us look for the way to grow through a situation so that we turn it to our spiritual advantage. Without wisdom, we judge, blame or turn away from what is before us. With wisdom, we find our way through a challenge or painful situation and gain great benefit of learning and empowerment in the process. The card in this position will show you how you can best have wisdom at this time.

### **Position Three – Your inner warrior goddess bestows self-belief**

This card position brings guidance from your inner warrior goddess about having self-belief. Your self-belief will need revision when the old ideas of who you are and what you are capable of are not up to the challenge before you. You are ready and capable to conquer any challenge sent to you, but you may need to learn some things about yourself to realise this. The card in this position will show you how you can revise your self-image and beliefs about yourself for best effect, now.

### **Position Four – Your inner warrior goddess bestows success**

This final card position brings guidance from your inner warrior goddess about your success. Your success is inevitable if you choose

not to give up until you get there! The card in this position will help you realise the greatest divine weapon that you have to conquer any obstacle at this time. It will help you see the spiritual strength and how to use it so that you will become more powerful than the issue at hand, conquering it with grace.



wild at heart

DON CARLOS





# *Card Messages*



## 1. *Wild and Free*

### IN A READING

This is an important time in your life, when you are being guided to lead from your heart. Even if it makes no sense to you or anyone else – or if your mind screams at you with fear and doubt – don't ignore what your heart is telling you. Give yourself the time and space that you need, away

from the noise and demands of the world and other people, so that the quiet, sure voice of your heart can be heard. Then take courage and act on what you feel. Your heart is wise and worthy of your trust.

### SPIRITUAL GUIDANCE

Your heart was never meant to be tamed. It is always truthful. When you allow yourself to be true to your heart, it will show you how to create a beautiful contribution to this world that fills you up with joy and peace. You don't need to be ashamed of what you feel or be persuaded that you should feel differently. Your heart has a wisdom beyond the logic of the mind. It has its own creative genius, a unique way to reframe problems, attract solutions and empower us to bring our dreams to life. Some may be afraid of the wild freedom of the heart. You are not one of those people. Your mind may not always understand why your heart feels and guides you the way it does, but that is OK. Reassure your mind that your heart can show you how to live in a way that is amazing – and that it's safe to trust in that. You are a wild child of the Universe, and your heart is showing you the way to fulfil your divine destiny. Give yourself permission to live a life that makes your heart happy. The world needs your joy.

## SACRED RITUAL

Place your hand on your heart. Say to your heart, “My heart, you are wild and free. I trust you to guide me. You know what is right for me, and what is not meant to be. You are honest and wise. I love you.” Take a deep breath and then imagine that you can breathe out through the front and back of your heart, now. Be gentle and relaxed. This allows your heart to let go of pain, doubt or insecurity and remember that it is wild and free.

---



## 2. *Divine Bad Ass*

### IN A READING

You may feel under pressure to conform – maybe to someone else’s opinions or even to your own previous plans or ideas. Don’t give your power to make choices away to another, whether that is the choice of what to believe or how to behave. Don’t give away your power to the past if it will take

you away from what you know is true now. Even if it seems to be more difficult in the short term, trust that living what you know is true and right for you is the only way that you can gain the happiness and fulfilment that you want and deserve.

### SPIRITUAL GUIDANCE

You are a beautiful, divine rebel, a soul stirrer, one who rattles cages and rocks boats in the name of truth, love and wisdom. You believe that we need to create a world that takes care of all beings. You won’t be talked out of what you know is true, deep in your soul. You refuse

to be put down or manipulated by anyone! You won't let fear – yours or anyone else's – control you. You rebel against belief systems that would put doubt in your mind and fear in your heart. You are your own person, and you know that trying to fit in is only for those who are afraid to stand out. You don't insult yourself by trying to be anyone other than your true self. You know that you don't need to be like anyone else. You are amazing and valuable, just as you are. You can inspire others to overcome their fears, just by believing in the truth of your heart and going after what you want with passion and confidence. You are a bad ass, in a good way.

### SACRED RITUAL

Time to shake what the Divine Mother gave you! Let your body move freely, with joy and delight. As you shake, shimmy, strut and spin, know that you are shaking off any negativity, jealousy, disappointment or betrayal. You are clearing your energy, becoming fresh and ready to be you once again, completely, defiantly, joyfully.

---



## 3. *Gypsy*

### IN A READING

You are encouraged to say yes to new opportunities and adventures, ideas and connections. Especially the ones that fill your heart with a sense of excitement (perhaps just before your mind begins to dwell on doubts and concerns, trying to talk you out of something before you even give it a chance). You can handle the unfamiliar better than most.

Once you get your bearings, you'll find a way to thrive, to enjoy what you discover and experience. Let the yearning of your soul to explore the new and exciting inspire you. The unfamiliar and the unknown hold great blessings for you. Open yourself up to new horizons.

## SPIRITUAL GUIDANCE

There's wanderlust in your soul, that heart-quest for new worlds and amazing experiences. You are supposed to feel this way. You have a gypsy soul that will always seek out something new and different. This is just how your life is meant to be, a divine adventure. And there is an adventure that is meant just for you: places to see, people to meet, experiences to have. You are meant to go on a journey, inside of yourself and out in the world. You are meant to explore a world bigger than the one you currently know. It is going to happen. Trust in divine timing. Be open to what life has in store for you. Maybe you are a little afraid and wonder if you are brave enough. (Quick answer – you are brave enough, and then some). Maybe you worry that you have missed your chance, but you cannot miss your destiny. It is right here waiting for you, and your gypsy soul is going to grow and fulfil even more of the purpose for which you were born.

## SACRED RITUAL

Find a place where you can stand comfortably. Say aloud, "Through unconditional love, I give the Universe permission to guide me on a divine adventure. I trust the gypsy in my heart, which urges me to explore the new and unfamiliar and to make the entire world my home. I am curious and open, and I trust that I will be looked after as I take my soul journey." Then open your arms wide, as if you are embracing your future, the adventures that are meant for you and all the beautiful blessings that life will bring to you – for now you are open, ready and willing to receive. Gently scoop up all those good things and accept them into your heart.



## 4. *Be There For You*

### IN A READING

It's time to let yourself off the hook. Don't interpret the behaviour of other people or circumstances

outside of your control to indicate something negative about you. Forgive yourself for anything that you feel you have done wrong. You can learn from your choices more easily if you stop punishing yourself whenever you feel that you've made a mistake. Even the decisions that we regret can help us grow wiser when we swap judgement for compassion. Sometimes, we can only learn what we need to know from what doesn't work out so well at the time. Forgive yourself. Have your own back. Be good to you.

### SPIRITUAL GUIDANCE

You have an open, sensitive, beautiful heart. Sometimes the world cannot meet that heart of yours on equal terms. Sometimes the hearts of others are just too closed and afraid. That's OK because it's part of why you were born – to help heal and open the hearts of the world. You are wise, and you know your purpose is to shine the beauty of your divine heart freely for all to experience. You never have to close down or turn away from that sacred purpose in the world, but you do deserve to be safeguarded and protected. Know that you have your own back. When fearful, angry people lash out in pain, trying to hurt others because they cannot get past their own hurt, do not make it about you. Your heart knows how to love you and protect you, whilst it has compassion for the suffering that another may be feeling. Remember that you must be there for yourself, nurturing your own heart with plenty of love. Give to yourself just as you give to the world: with kindness and generosity. Don't allow anyone or anything make you forget what is real and true – the wisdom and love



that fills your own divine heart and helps heal the world.

### SACRED RITUAL

Place one hand on your belly and one hand on your heart. Sway a little from side to side. Imagine that, as you sway, there is a river of energy that travels between your two hands. The river of energy swirls and flows around your hips and your heart, leaving you feeling inspired and really, really good! You now have twice the amount of energy. Say aloud, "I am a fortress of divine love. I stand strong in my divine presence. I am peacefully and powerfully me, with a beautiful heart, divinely protected."

---



## 5. Gelato Goddess

### IN A READING

Have you given another the power to influence your sense of self-worth or your direction in life? Choose with care whom you allow to get close to you and to guide you. It's obvious, and yet easy to forget, that if we accept guidance or influence from another, we want to make sure that they are

living the kind of life, and being the kind of person, that we aspire to be! You can learn from and be inspired by others, but you must stay true to yourself. Do not allow anyone else's voice to become more important to you than the divine voice within your own heart.

### SPIRITUAL GUIDANCE

Your soul has ten thousand flavours. Some people may try to

persuade you that one soul flavour is better than the others. Best to ignore those with such unadventurous palates. You are a divine gelateria, an array of sacred scrumptiousness. Sometimes you will be kind, other times you will be fierce. Sometimes you will be sweet, other times you will be strong and independent, stubborn and determined. Sometimes you will be all class; at other times you'll wolf down your lunch like it's the last meal you'll ever eat. Those rare people who accept themselves unconditionally will be able to accept you – all parts of you – unconditionally, too. Others, who struggle to accept themselves, may struggle to accept all of you. They may want you to behave in a certain way. They may feel embarrassed or afraid of what others may think, and so they try to censor you. Maybe they think they are helping you, but they are not. They aren't quite ready to be freely and truly themselves. Maybe one day they will be, but in the meantime you won't help them or yourself by trying to change who you are. You are worth so much more, with so much more to offer to those who are ready to embrace all of you. Carefully choose with whom you share yourself. You deserve to be, and to be loved for being, all of you.

### SACRED RITUAL

Say aloud, with confidence, "I trust, love and respect all the different parts of me to work together, as I live my most creative, honest and beautiful life. I choose to share myself with those that love and respect all of me."

---



## 6. *Damselfly Brings Direction*

### IN A READING

You may not see it coming, but a major change within you or in your life is headed your way. You will be able to handle it with more skill and grace than you may have believed possible. Do what it takes to keep yourself feeling positive and happy, more often than not. We all have our ups and downs, but if you are not feeling happy with something in your life, know that you have the power to change it. Even if a radical change would be required to bring you happiness, you've got the power to do it. Have faith.

### SPIRITUAL GUIDANCE

Damselfly knows how to rise from emotional confusion into clear vision. She is a master of changing direction, even radically, with certainty. She is not afraid of change. She goes through dramatic transformations in her own life, and her spirit medicine helps your soul to embrace a new reality of change too. You are outgrowing the old ways, and you are in preparation for a new and very different way of living. This is not always comfortable. It can feel a little unfamiliar at first, but it is a wonderful sign that your soul is growing. Damselfly comes to you with a message of renewal and the importance of the light. You need the warmth and healing of the light. Fill yourself up with beauty and brightness. Put yourself in positive places and with positive people. Take time to generate light within you through those things that feel healing for you. That can be time with animals or in nature, art, relaxation, music, dance or meditation. Nurture the light within to help you trust what is happening within you and in your world. You are growing a new and stunning you.

## SACRED RITUAL

Place both hands on your heart. Say aloud, "I open my heart to the guiding light of unconditional love." Then imagine, feel or pretend that you can see a shining light within your heart. It may begin as a soft, tiny speck of light. Allow it to grow until beautiful rays of light shine out from your heart. Allow this guiding heart-light to become as big and bright as you wish. Notice the many colours of this light as it moves freely, growing stronger now, as you relax and breathe. Allow the light to wrap itself around you in a bubble of cleansing, protection and blessing. All is well.

---



## 7. *Moon Child*

### IN A READING

You have an opportunity to manifest something that you want very much. The Divine wants to bless you with assistance to bring a cherished dream to life. Begin by admitting the true desires of your heart. Then you will need to let go of control as you trust enough to let it happen. You'll know when you are really doing this because you'll feel scared at first. You'll wonder if it's OK to surrender quite so much. It is. Ask for what you want and need without any shame, guilt or hesitation. Then relax and allow the Universe do its thing.

### SPIRITUAL GUIDANCE

Your heart has a special spiritual power which you can access through prayer. Prayer means speaking from the heart to the Divine. For you,

the Divine might be an unconditionally loving and all powerful being, such as the Universe or Spirit. You may like to choose a deity from a religious tradition (even if you don't belong to that religion) such as God or Mother Nature. The Divine doesn't mind who or what you pray to, so long as you feel a peaceful, unconditionally loving connection between the Divine and your heart. When you pray, you activate the heart and stimulate a portal of healing. The heart knows how to gain closure on emotional, psychological, physical and spiritual levels, showing you the way through unknown transitions and leading you faithfully to the light of a new day. Your heart also knows how to receive blessings from the Divine. Divine blessings can help you in endless ways, and the Divine always knows exactly what you need and when you need it. So, what are you waiting for? It's time to speak from your heart about whatever matters to you right now. Nothing is too small or too big for the Divine to help you figure out. Ask and you shall receive.

### SACRED RITUAL

Find a place where you can have some privacy and some quiet time. Place one hand on your heart. Talk aloud to the Universe about what's happening for you and where you need some help. Imagine, feel or pretend that the Universe is listening to every word – and even knows what you are going to say before you say it. As you speak, the Universe is instantly responding with healing change, setting the right things in motion to help guide you, from your heart, to the most beautiful solutions.

---



## 8. *Daughter of the Sacred Heart*

### IN A READING

You are going to free yourself from a painful criticism or judgement held against you – perhaps by yourself, perhaps by another person or group of people. Human beings do not have the spiritual right to condemn

each other or ourselves. Every human being is here to learn how to grow, and every human being will make mistakes along the way. You are realising that you can claim responsibility for your actions and make amends where needed, without ever deserving to be attacked or put down. You are realising that you don't have to be perfect to be pure of heart and deserving of respect and kindness. This makes the Divine Mother very happy.

### SPIRITUAL GUIDANCE

Within you is a goodness and innocence that can never be tainted, no matter what experiences you've had or what mistakes you think you have made. It can be hard to understand and accept just how much the Divine Mother loves you, just how much the Divine Mother respects you, forgives you, doesn't judge you. No matter what human errors you may make – and we are all going to make plenty of those throughout the course of our lives – you will always remain a daughter of the Sacred Heart, encouraged, healed and comforted by the unconditional love of the Divine Mother. She has the power to bring redemption, forgiveness and reassurance after a period of suffering and struggle. Can you hear her beautiful voice within your soul? "I love you now and always," she says. She wants you to know that a difficult time is coming to an end. Everything is going to work





## SPIRITUAL GUIDANCE

There's a light in you that wants and needs to be seen, a side of you that is bold, bright and unique. Even if it's something different for you, or you aren't sure how comfortable you are going to be on centre stage, sometimes there's a higher purpose for you being placed in the spotlight. One purpose can be to develop self-acceptance and self-confidence. Then you can rock your true self without having to tone it down, play it safe or rein it in. You can become so comfortable in your own skin that you no longer hide your inner divine beauty. Maybe others will then become less afraid to be themselves because you have shown them that being cool is about being cool with who you are, refusing to be stereotyped by people with insufficient imagination. There's power in the freedom of not fitting in. You, rather than someone else, get to decide how you want to live your life. Relish it; be creative with it. You are meant to be free to express yourself authentically and to be seen doing it. So, claim your inner rockstar and strut your soul stuff in this world.

## SACRED RITUAL

Play some music that you can rock around to in your lounge room, in the park, on the beach, in your bedroom, in private, in public – however you feel it. Let yourself express you. Dance the way you want to dance (extra points if it's not in a music video). Sing if you want. Challenge and love yourself enough to practice being completely you.

---



## 10. *Tribe of the Kindred*

### IN A READING

Home is where the heart is. Give your heart permission to reveal to you the people, places and activities that feel like home for you. You are in a phase of transition in your life, casting off that which is not true to your heart in favour of that which really feels like it belongs in your world.

Sometimes the mind resists, thinking that if we let go of too much we'll be left with nothing – and that it's better to hold on, even if something isn't right. This prevents you from being able to find your way home. It's safe to trust your heart as it attracts into your world that which is truly meant for you.

### SPIRITUAL GUIDANCE

There's a place where you belong. Maybe you've found it, or maybe you are still looking. It doesn't matter how long it takes you to find it. What matters is that you believe you deserve a real home for your beautiful heart, and that you don't give up until you are there. Sometimes, that means leaving what you had once hoped would be your home – perhaps more than once – until you find it in the truest, most meaningful and enduring way. The quest for intimate, soul-deep belonging begins with you, with learning to love and care for yourself and to feel at home within your being. When your heart is ready, and divine timing is right, you will attract and increase your soul tribe. Maybe one person at first, then another, then another. Trust in the higher purpose of divine timing. Sometimes delays or breaking away from past connections are how we find out more of who we are and what we need. Trust that you are worthy of love, and that you know how to love. Make peace with the past – all your experiences have

helped you know yourself and become wiser. Remember that your tribe is looking for you, just as you are looking for them, and will love you, just as you love them. Be at peace, beautiful soul, for your soul tribe, your spiritual family, are part of your divine destiny, and you are a part of theirs.

## SACRED RITUAL

Place one hand on your heart and say the following invocation aloud, "I call upon my kindred soul tribe, my spiritual family, the true home for my heart. May we be blessed to find, recognise and love each other at the perfect moment, in the most beautiful way."

---



## 11. Finch Spirit Guide

### IN A READING

It's a good time to experiment with how to best care for your mind, body and soul. It's not about being perfect; it's about finding what works best for you. You are in a phase of your life where giving back to yourself is important. Perhaps you have been sharing a lot of yourself with others, have come through a challenging time or, in the near future, will be stepping up in a new way to share more creative energy and soul fire than ever before. All that you need to know now is that it is the right time to take extra special care of you.

## SPIRITUAL GUIDANCE

Finch Spirit Guide comes to you with guidance to care for yourself

in a particular way. Finches can become beautifully coloured, but only when they eat foods that nourish them. They have the power of beauty within, but they need the correct nourishment to be able to transform that potential into expression. You also have beautiful divine potential to shine your light and beauty in the world, but you must feed your soul what it needs to do this. Be respectful and loving to yourself as you choose what to take in to your being – be it physical nourishment or emotional energy or even the kinds of books you read and entertainment you watch, for all has an impact on you. Do you feel better for the experience? Does it nourish your soul? The best growth-enhancing food for your soul is that which increases love. Finch Spirit Guide also brings a prediction of a celebration, of happiness ahead of you – and wants you to know that your connection to the spiritual worlds is real, to trust in the messages you feel from the Universe as they make themselves known in your heart.

### SACRED RITUAL

Here is an opportunity to express the truths of your heart. Write a love letter – to yourself, or to another, or to the Universe. You can express your gratitude as you acknowledge your innermost feelings. Let your love letter be truly loving, for this is a creative expression to attract even more love and beauty into your world.

---



## 12. Princess Saviour

### IN A READING

Even if you feel uncertain about facing a challenge, believe in yourself. You are strong enough to conquer this. There will be help if you need it, but you already have the inner resources required to overcome any obstacle and attain the most blessed outcome. If you are in the process of letting go of someone or something – perhaps an old habit, an old way of life, a relationship or a situation in which you have felt trapped – don't allow insecurity or uncertainty to stop you. You've got this, and you are doing the right thing in moving on.

### SPIRITUAL GUIDANCE

When you realise that you are strong enough to save yourself (which you are), you never have to be afraid again. As well as inner strength, you have inner wisdom. Deep within, you just know when something or someone is (or is not) worthy of your time, energy and attention. The most precious treasure that you will ever have is the divine gift of yourself. There is nothing that is more valuable, and no one that is worth losing yourself over. You don't need permission from anyone other than yourself to decide to walk away from what isn't right for you, or to stand your ground and honour your values, or to say no and refuse to give in to social pressures. You can be open to help and grateful for assistance, but you also know that whenever you need it, you have the power to learn, to act, to figure it out, to find the love within that will empower you for the life that you deserve.

### SACRED RITUAL

Stand comfortably with your feet hip width apart. Feel the

connection of your feet to the earth. Let yourself feel pleasantly heavy and grounded. When you are ready say, "I am a Princess Saviour, and I know how to rescue myself. I love myself. I am worthy of respect. I choose happiness for myself. I am willing to follow my inner voice. When I don't know what to do, I know that the answer will come at the right time and in the right way. I trust life, and I know, deep within, that I am going to be OK, and everything is working out perfectly."

---



## 13. *Good Witch*

### IN A READING

It's time to use your words! Speak up for what you want. If someone is saying negative things about you, or you are thinking negative thoughts about yourself or anyone else, don't believe them and don't sink to that level by lashing out. Instead, speak the goodness of beautiful truth that you want to affirm right now. Use the positive power of your words, thoughts and intentions to override and replace the meanness, fear, hate or jealousy of anyone else. The goodness in you is more powerful than the badness in anyone or anything else.

### SPIRITUAL GUIDANCE

You can create your own magic. You have a special gift for weaving loving spells of healing. With clear intention, channelling your emotional energy and using your words, you can create joy and happiness in your heart that touches the hearts of those around you.

You are a Good Witch – and when you use your inner power to increase love in the world, your power will continue to increase. As we grow in power, we sometimes forget to use it wisely. We may use our power to speak ill of another, to persuade others into negative thinking through gossip or to allow our own insecurities to make us behave disrespectfully to ourselves or someone else. Misuse of power doesn't feel good for us or anyone else. The Universe cannot uplift us into all that we dream of experiencing if we are using our power to pull ourselves and others down. It is better, and more fun, to use your power for loving and positive purpose, as you honour freedom of choice for yourself and others. The Good Witch is a wise witch. She creates beautiful energy which others can benefit from if they so choose. Forgive yourself if you've lost your way, if you forgot your true inner power or tried to make someone else's decisions for them. Let that go now and come back to your heart with peace and happiness. It's time to weave your loving magic in the world.

### SACRED RITUAL

Say aloud one thing or situation that you would like to create. Place your hands on your heart as you relax and imagine, feel, pretend or visualise that you are gently sending so much love, happiness and peace towards your desired creation. Then relax and let go.

---





## 14. *Bright Destiny*

### IN A READING

It's OK to feel unclear or even confused about what is happening in your life or within you at this time. It's like that because you are going through soul growth. Things will become clear in time. For now, however, let the process happen. Fear can make us try to force something that isn't quite ready

yet. Don't try to impose a meaning, take action or understand it all prematurely. Don't think too hard! When it is time for you to act, you'll know it. It's OK to relax and trust that the moment of clarity will come when the time is right.

### SPIRITUAL GUIDANCE

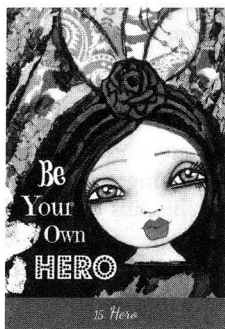
To become truly yourself, shining your divine beauty and light, you will go through a process of releasing what is no longer right and true for you. Like the caterpillar who sheds the chrysalis when it is time to emerge as the butterfly, you will let go of the person you once thought you needed to be. This can feel freeing, exciting. It can also seem frightening. You may feel crazy sometimes, trying to hold onto a past that is no longer available to you and grasping for a future that is yet to be. Sometimes, it can feel like a dark night of the soul, filled with questioning and confusion. Others may not understand what is happening, and you may feel as though you can't really explain it, either. In such times, we have to trust that all the changes and uncertainty are part of a process of growth – letting go in order to open up to something amazing and new. This is happening for you now. You don't have to be afraid. You are going through this because you are ready for it, even if you think you're not. There is a loving reason for all of it, even if you cannot see that right now. Put your

faith in the mystery. Trust that the answers will come – and so will the joy of all that you have grown into. Stay true to your path and know that you have a bright destiny ahead.

### SACRED RITUAL

Place your hands in prayer and bow your head. Feel like you are surrendering, letting go. As you do so, a beautiful light shines all around you, holding you safe and bringing peace to your heart. Let your heart feel light, and smile gently.

---



## 15. *Hero*

### IN A READING

Believe that you are worthy of an amazing life. You don't need to feel guilty or hold yourself back to make anyone else feel comfortable. You don't need to be timid or uncertain, worrying that you are becoming too much for someone else or asking too much from the Universe. Living a great life

is not about competition with anyone else. Living a great life helps inspire others to do the same – it doesn't take anything away from anyone else. If your dreams both excite and scare you, that's a good sign. Give yourself permission to go for it. Go after what you want with a happy heart.

### SPIRITUAL GUIDANCE

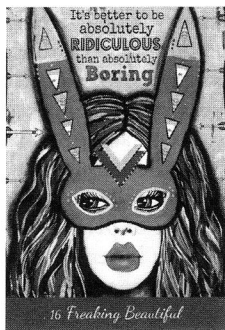
You have every right to be proud of yourself. You have courage. You have listened to your heart, even though sometimes that seemed to be

the harder choice to make. You may have days when you don't feel so heroic, but, deep within, you know you have guts and you are strong. You know that a challenge is the way the Universe shows you that you are capable of something more. An opportunity is before you, now. Has your heart been urging you to take a stand or take action in some way? Would you feel proud of yourself if you honoured that? Then do it! You are learning what it is to truly respect and take pride in yourself. That means feeling good about the sort of person you choose to be, how you choose to live your life – not lowering your standards to be the same as everyone else, but honouring your heart, becoming an inspiration to yourself. You don't need to try to impress anyone. You are an awesome human being, and you have everything within to make yourself proud. It's time to step up. It's time to be your own hero.

### SACRED RITUAL

Take hold of your own hand. Say aloud, "I'm proud to be my own hero." Think of any situation in your life where you know you need to step up and be better, be bolder, be wiser. Let yourself be calm and confident so that you feel that your spirit is now a million times bigger than the issue. Open your arms above your head, as if in victory, and say aloud, "I've got this. I trust myself, and I have all that I need within me to rise up as my own hero. I am proud to be me."

---



## 16. *Freaking Beautiful*

### IN A READING

You are here to march to your own beat. You can be happy and free, whether the world looks at you with awe, admiration, confusion or love – or all of these at once. Others can love you, even if they can't always understand you. Being different doesn't have to mean being alone. It's only

when you try to change yourself to fit into a stereotype that you will lose your way, becoming unhappy, discovering obstacles and feeling increasingly rejected or defeated. The Universe doesn't want you to be someone else. It wants you to be you! When you quit trying to fit in, and enjoy being yourself, you win.

### SPIRITUAL GUIDANCE

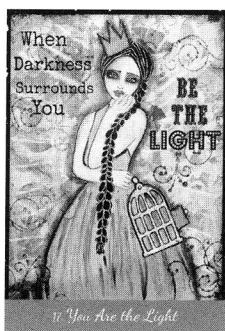
Normal is not for you. Don't be afraid of that! Deep down you are the good kind of crazy, an individual. You would never be happy trying to be the same as everyone else! You have an inner sense of justice and a need to question authority when it doesn't earn your respect. This may make some people uncomfortable, whilst it inspires others to think for themselves and not automatically assume that everything they are told is correct. We need more of this in our world! You are a free thinker with a different point of view to most people. This isn't a sign that something is wrong with you, but a sign of something special – a gift to see and express things differently. The world needs much more of that, too! Your weird streak is a proverbial breath of fresh air, preventing unimaginative collapse into the boredom of sameness. It also makes you a divine poster child for others who want to break free from conformity and unapologetically be truly themselves. It means that you get to dream up your own destiny, and you don't have to

worry what anyone else has to say about it. The Universe will support you every step of the way – because it so enjoys you just being you!

## SACRED RITUAL

Use the art of self-expression to free your beautiful strangeness. That could involve expression through fashion, writing a poem or a song, busting out some unconventional dance moves at the beach or hugging trees in the local park. Go with whatever feels joyfully freeing for your freaking beautiful soul.

---



## 17. *You Are the Light*

### IN A READING

You are going through spiritual initiation. This is happening because you are ready for it, even if it doesn't always feel that way. The way to pass this test is to rely on the light within you. Don't let fear or doubt make you distrust the path ahead. Don't give in to despair or believe that things will not

work out. You are learning to trust that the Universe knows what it is doing. There are great and beautiful things meant for you, and no matter what appears to be right now, they will come to you in the perfect way and at the perfect time. Keep your faith in the light. All will be well.

## SPIRITUAL GUIDANCE

Light is powerful. Some people don't understand this. The fear in their hearts makes them cynical. That fear stops them from seeing what is

true. In the absence of truth, they hold on to their judgements instead. They scoff at what they don't understand. Be careful of allowing such people to influence you. It's not wise to take advice from people who are invested in creating pain. You can have compassion for them, but you must not underestimate how their negativity can taint your trust in the Universe. When we feel the light within us, when we trust in it, we are able to move beyond the fear and negativity that exists in this world. You have it within you to be that light. The only thing that can trap you is the choice to believe in the negative and give in to fear. That's not you, so don't choose that for yourself. Don't listen to people who would cause you to question the light. The light within you is the real you. Be at peace, beautiful one, for the positive power of the light in you is stronger than any darkness.

### SACRED RITUAL

Focus gently on a visible source of natural light. That could be a candle or a camp fire, the moon in the sky or reflecting on the water, the sun shining down from the heavens – or you could even close your eyes as you see, feel, imagine or pretend that there is an eternal light flickering inside of you. Relax as you repeat this soothing and empowering affirmation to yourself, aloud, or silently in your mind, for as long as feels good for you. “I choose to trust the light. I am safe and held in the light. I am the light.”

---



## 18. *Creatrix*

### IN A READING

Your soul is a divine creative fire. She wants to break free from what has been and give life to something

new. You may experience this as feelings of restlessness, of being confined or as a craving for something more that you cannot quite articulate. Your soul doesn't want you to push that new life away. She wants you to embrace it. When you let go your inhibitions and freely express yourself, stagnant situations will be cleared out by the powerful release of your energy, which creates openness. Let your inner artist out to play in whatever way feels fun, raw and honest for you. It's time for you to experience something new.

### SPIRITUAL GUIDANCE

You have the need and the ability for creative self-expression. Whether it's your look, your room, your art, your altar, your journal or your life, you need to be free to let the inspiration within find a way to take shape in the world. Some ideas will come together beautifully, straight away, and some will need to be revised or released completely, until you feel satisfied by the expression. Your creativity is most powerful and healing when it is true. It is not about someone else getting it, or reaching some imaginary standard of perfection or making a million dollars. The Universe has a beautiful plan for your life. When we honestly and creatively express ourselves, we are playing with the Universe and helping that beautiful plan to unfold. Some people won't understand the creative process, the importance of working from inner timing rather than external deadlines or learning to be comfortable in the mess of possibilities before the inspired idea reveals itself to you. They may question your sanity or tell you that you aren't living in the real world. You know that the

world created from our hearts is more valuable, beautiful and real than any world created from fear. Creativity is such a gift; it is worth the price of being different and not always being understood. You are an inspiration. Don't hide your creative fire away. Let it burn bright and light up the world.

### SACRED RITUAL

Do at least three things today that you wouldn't normally do. That could be walking backwards for a few moments, mixing up your routine or trying a new exercise or way of sitting. It could be approaching your art or your work in a way that feels more expressive of your soul. Enjoy the liberation of breaking out of patterns, for you are taking a step towards the creative emergence of something new.

---



## 19. *Spirit Warrior*

### IN A READING

You are earning the right to make significant progress in your life.

The Universe will make certain

you are ready for the breakthrough by testing your spiritual maturity. The Universe wants to make sure that we are wise enough to use our increased power, and any other blessings, wisely, and not hurt ourselves or others. Even if no one else knows about it, will you behave with integrity and be true to yourself? Will you be kind, even when you could be in the position to judge another? Be the best human you can be and know that any tests you are going through are actually predictions of positive changes and divine gifts headed your way.



## SPIRITUAL GUIDANCE

Integrity means being true to yourself. It doesn't matter what anyone else says about it, or if their values are different to yours. When you are becoming a Spirit Warrior, you are learning to stand up and fight with love for what matters to you. Sometimes, it can seem like Spirit Warriors need to live to a higher standard than others. When you need to be the better person in a situation, it's been set up that way by the Universe because you can actually be that person. Not everyone is capable of that. The heavier load falls upon the stronger shoulders – but the more spiritual responsibility we have, the more we are helped to succeed. The path of the Spirit Warrior may not seem to be the easiest path sometimes. But, actually, it is easier in the long term, because not liking or respecting yourself eventually leads to a tragic loss of soul. Our soul brings us creative fire, passionate purpose and love so strong we want to heal the world – as well as spiritual connection and so much more. It is worth the effort to safeguard it by living in a way that is honourable and respectful. If that means living to a standard that is spiritual, rather than ordinary, then that's OK. It's a more beautiful and special way to live, anyway! So, fight the good fight, spirit warrior. Great things are headed your way, and you are showing yourself worthy and ready for greater success.

## SACRED RITUAL

Gaze at yourself in a mirror. Say aloud, "I see you. You are brave. You have gone through a lot, and you have grown wiser and stronger. I respect you. I love who you choose to be." Put your hands in prayer and bow your head for a moment, with respect in your heart.

---



## 20. *Daring Dreamer*

### IN A READING

You don't need to adjust your dreams to fit in with what others say is realistic, sensible or practical. Why seek to limit the power of the Universe with negative expectations? Be uncompromising with your heart wisdom. Listen to what it wants and yearns for and believe that the Universe has put those desires there and will show you every

step to take to fulfil them. Do not allow someone else to make you feel like you should change who you are or what your heart truly yearns for – not even a tiny bit, not even for one single second!

### SPIRITUAL GUIDANCE

Our world needs daring dreamers to redefine beauty, success and worth. We need brave souls to shake up our cultural values so that we stop hurting ourselves and each other. You can decide what it really means to you to be beautiful, successful and worthy. That's how you take back control, disempowering the toxic definitions created by others. To live your life according to expectations set by others – who do not know or care about you, who are not wise and are out for their own gain – is not a recipe for happiness or fulfilment. You are a Daring Dreamer and a loving rebellious visionary. You can imagine a far kinder and more truly beautiful world. You have the awareness and the power to say no to what is unkind, untrue, unwise. You get to invite into your life what actually has value to your soul. Be your divine bad-ass self as you say, "Hello, World. You can choose what you wish, but you will not choose for me. I will choose for myself, thank you very much." Give a voice to your daring dreams. Tell the Universe each day about your vision of a healed world. Speak it as though it were already real. Use your positive words of power to express your

most beautiful dreams and never give up on those dreams, yourself or the world. Your vision of what is possible is the healing medicine for our future world and the way to your bliss.

### SACRED RITUAL

Gaze at the sky and say aloud, "From my heart and my own free will, I invite the Universe to bring to life these dreams of mine ..." and state your dreams for a beautiful life and a loving world.

---



## 21. *Starborn*

### IN A READING

You have a strong spiritual connection with the Universe. Trust your intuition and your inner feelings about things, especially when your inner feeling is at odds with the appearance of something! Sometimes, it is when it seems like the least is happening that the most important thing is actually taking place – you just cannot see it yet. You have a special and deeply spiritual life purpose to fulfil. You cannot get there with logic and planning. Your spirit knows how to guide you, and the Universe knows how to support you. Following your heart along your spiritual path is going to lead to your best, brightest and most beautiful life success.

### SPIRITUAL GUIDANCE

There's stardust in your soul. The earth loves you, and you are meant to be here – but you may feel in your heart that you come from some

other place. Human behaviour may not always make sense to you. It may sometimes seem unnecessarily cruel or selfish. As you let yourself fall deeper in love with the earth, enjoying her creativity and beauty, you'll learn to hear her in your heart. You'll understand your purpose and why you chose to bring your starry-eyed soul to her as a human being living the life you are meant to be living. You'll realise that there are certain ways that you can help others to open up to the wisdom that your heart already knows. We cannot always understand why things are the way that they are, but we can always make a positive contribution towards healing change. Your life mission is to be happily you, in the ways that feel most true – to fall in love with your life here on Earth just as much as you feel love in your soul for the heavenly stars. You are meant to be here, shining as a beautiful, loving star on Earth.

### SACRED RITUAL

You can do this exercise physically or by visualising, feeling, imagining or pretending. You are going to gaze at the stars in the night sky, lying on your back, if you can, perhaps somewhere in nature if that is possible. Feel the pleasant heaviness of your body connecting to the earth, as you relax and gaze at the stars, imagining that you can open your heart and receive the starlight they generously shine. Maybe you see or feel a shooting star. That's another star-born soul, just like you, making her way to the earth to increase love and light on this planet, just like you do.

---



## 22. *Free Spirit*

### IN A READING

When we have an active imagination, we can forget to use it for dreams and, instead, let it create nightmares. There's something that you've been worrying about. There's no need to torment yourself. Let go of any thoughts, attitudes or beliefs that are based in fear. They are not helpful, necessary

or accurate. Everything has a positive and loving purpose, even if we cannot see or know what it is straight away. You'll find a loving solution comes to you easily and at the perfect time, as you choose to avoid of fearful thinking. Let yourself be free to feel positive about your future and know that everything is going to be OK.

### SPIRITUAL GUIDANCE

We can create cages around our mind to keep us from taking risks that might expose us to rejection, embarrassment or failure. We can forget that, if we do experience those things, they are temporary, and they help us conquer our fears. We actually become happier through that process. We are able to enjoy the full and exciting version of life meant for us. We embrace more opportunities. Magical things can happen. We discover that life can be all that we dreamed of, and more. The free spirit within you needs permission to express herself, to go after what she wants, to try new things, to make art, to express love, to use her voice without having to be perfect, without having to be certain of how it's all going to turn out. Give yourself permission to make mistakes and figure out what you are doing as you go. Sometimes, it's when things don't work out the way we thought or hoped that we can learn the most. It's not a punishment, it's not a sign that you were stupid or should have done something different, it's just Life doing

what Life does – giving us a chance to grow by learning from what happens. Control and doubt will hold your spirit in chains when, really, if you let her fly free, she'll show you an amazing world and an amazing you.

### SACRED RITUAL

Open your arms wide to the heavens, as if they were wings. Express yourself through your wings for a moment. Say a big YES to the Universe now, using your voice, using your wings, using your soul. Let your spirit be free.

---



## 23. *White Sage*

### IN A READING

It's safe to let things unfold as they will. You don't need to fix things, nor try to force something to happen. The Universe is already working things out for you. There's no need to question your vision or your intuition just because situations are working out differently to how you thought that they would. The Universe is a little bent, and certainly has a sense of humour, but ultimately it is kind and knows the best way to accomplish all that needs to happen. You are very much part of this. All things will come together in the correct way, at the best time. The Universe has your back. Trust that you are being helped.

### SPIRITUAL GUIDANCE

You have insight. You see things that others can miss. You understand

that to see what is true, you have to look beneath the surface. Your soul is a sage, a wise one. You know the value of patience, even if it isn't always easy for you to be patient. You know that sometimes you must wait, but that the truth will always emerge eventually. So, you don't need to rush in and try to figure something out. White Sage comes to you when you need to know that the truth will become clear at the right time and in a way that you will recognise. Trust your intuition and value your insight. Don't torment yourself with doubt because you think you've made mistakes in the past. Sometimes, we need to have certain experiences and challenges in order to grow, and we are temporarily blocked by a higher power from seeing the truth until we are ready for it. For now, all you need is patience, honouring and trust. At the right time, you will see and understand – and so, in time, will others. Don't lose your power to worries about anyone or anything. Be at peace with yourself and life. When the time is right, you will know what is true and what to do. The highest truth will shine through.

### SACRED RITUAL

Place your hands lightly over your forehead and imagine, visualise, feel or pretend that you have a beautiful eye in your forehead. You may imagine it blinking prettily back at you, open, clear and all-seeing. Then place your hands over your heart and imagine, visualise, feel or pretend that you have a beautiful eye in your heart. You can imagine that eye open in your heart, seeing deep into the truth of all things with compassion and great clarity.

---



## 24. Peacock Priestess

### IN A READING

If you feel impatient for something to happen – or worried that you are not accomplishing all that you want to achieve quickly enough – then take heart. The Universe is working with you, not against you, to bring your dreams to life. Even times when not much seems to be happening are

a part of this creative process, balancing out other times when energy becomes active and intense. What will be most helpful for you and your dreams right now is to rest. During that pleasurable rest, behind the scenes, some spiritual magic is going to be created.

### SPIRITUAL GUIDANCE

Daily life can get us down before we even realise what is happening. Trying to do it all can push us beyond our limits, draining our energy and stealing our joy. One moment, we are on top of the world; the next moment, we wonder what happened and why we cannot rally our spirit. If we do not learn how to rest, exhaustion, crankiness and illness eventually force our hand. It takes longer to break down and recover – and is much more painful – than it is to learn to rest as part of our lifestyle. Rest is not only a way to prevent unnecessary suffering, it also has its own value. When we are in restful quiet, we can hear our inner voice and the guidance of spirit much more clearly. We can feel gratitude and take delight in what brings us pleasure. Rest is part of how we live well. Peacock Priestess reminds you that you can see taking rest as an act of love and a way to be a good role model. Don't allow guilt or shame to stop you from taking delight in your downtime. What kind of rest you need will vary. It could be a long nap, painting, listening to music, writing poetry or practicing



meditation, a bath with candles, visiting a temple or church to sit quietly (whether you are religious or not doesn't matter), working in your garden, playing with animals or going for a walk and being in nature, soaking up her beautiful healing energy. There are many ways to rest. Try some. Find out what you enjoy.

## SACRED RITUAL

Imagine, feel, visualise or pretend that the Universe is holding you gently and safely in its hand whilst you lay back and relax.

---



## 25. *Warrior Goddess*

### IN A READING

This is not a time to play it safe, nor is it time to allow another to take the lead in your life. You need to believe in yourself and trust that the instincts guiding you are correct. If you need to take action, do it. Speak up: say yes; say no. Trust your inner truth completely. Be bold. The Universe

will answer your boldest actions with affirmation, and you'll move through the consequences of your actions with grace and courage, ending up exactly where you are meant to be.

### SPIRITUAL GUIDANCE

You are ready. Life has been preparing you. Your experiences have made you stronger and wiser. You have spirit and you have courage. Believe in yourself! You are a Warrior Goddess, an empowered, divine woman. Trust that your foundations are strong. Put your faith in the

Universe. It has been your life coach and guide all along, helping you build up your inner resources, encouraging you to realise the power that has always been within you. The Universe believes in you. When you feel it is time to take a step, take it with confidence. When you ask for help from the Universe, ask with boldness and total confidence that your prayers will be answered in the best possible way. You have the right to require that your personal space be respected. You have divine permission and encouragement to claim your rightful place in the world. You are meant to say no to behaviour that is dishonest, manipulative and bullying. The warrior goddess uses her sacred anger to set a boundary and speak her truth, not to attack another. She uses her inner fire to live with integrity, even if the right choices for her seem hard or frightening at the time. She knows that the Universe has her back, so she is willing to be true to herself no matter what. She places integrity above all else. She knows that compromising her self-respect to win a battle will end up losing her the war.

### SACRED RITUAL

If possible, lie face down on the floor with your forehead touching the earth. As you breathe out, you will now release any doubts or fears into the earth. She will take them from you, transform them and send them back to you as renewed energy, which you can absorb as you breathe in.

---



## 26. *Lioness*

### IN A READING

Your ability to love yourself and be empowered is maturing. You are learning that the real beauty and value of you comes from within. You are learning to rise above emotional game-playing with honesty. You can enjoy your attractiveness as a person without allowing it to control your life or your sense of self-worth. If others try to control you through their opinions about your appearance, or in any other way, you will be strong enough to recognise it as their issue and nothing to do with you. Others will be attracted to your true inner beauty, appreciating your loveliness and enjoying how it helps them feel good about who they are, too.

### SPIRITUAL GUIDANCE

Lioness brings you her soul medicine, helping you recognise that your feminine power is grounded in dignity. She stands against beauty being used as a tool of manipulation – to get something, to control someone, to put someone else down and make them feel unworthy. She knows that such behaviour is dishonourable, taking what was once beautiful and distorting it into something ugly and corrupt. Lioness is the medicine of honour, of beauty that is enjoyed but not exploited. She is the soul medicine of courage. She refuses to be used as a pawn in another's game; she refuses to play with the minds and emotions of others. Her ways are direct and open. She is confident in who she is, and she is not afraid to be honest. Some may try to get the better of you, but she knows that you will never let yourself be manipulated. Even if quietly spoken, your truth has the impact of a roar. Lioness is not afraid to claim what is rightfully hers,

and she will not let you quit until you secure what is meant for you. With her confidence in your heart, you can live your life in the open without any need to hide. You are the holder of lioness medicine – a brave one, a huntress, and a protector of dignity, justice and truth.

### SACRED RITUAL

Invite your inner lioness to communicate with you. Imagine, see, feel or pretend that you can see her moving within your own soul. You may sense her resting, seeking out her lion mate, protecting her cubs or out on the hunt. Trust her to show you the wisdom you need for yourself now as you play with her lioness spirit and soul medicine.

---



## 27. *Paeonia*

### IN A READING

You are now being blessed with prosperity, abundance and creativity. To enhance this time of joy and amplify your experience of grace, practice gratitude. Simply be happy for what you have and what is being given to you. The Universe loves to keep on giving to those who are grateful and happy

to receive and who give back to life from the heart with gratitude and a positive attitude! This is such a healing time for you. The healer within is awakening, and your ability to give and receive healing energy is becoming more powerful. Your soul connection to animals, plants and crystals will support your healing and increase your energy to attract and create positive life situations for yourself and others.

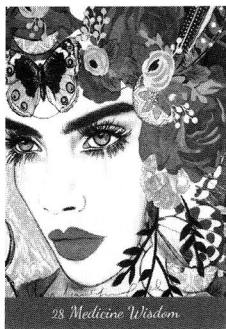
## SPIRITUAL GUIDANCE

Are you part woman, part faery queen? It's that gleam of beautiful brightness, magic and flirtatious mischief in your eyes. Your soul catches the light. If any person or situation makes you feel less than your stunning true self, then take a moment to affirm the truth of your beauty, your magic and your other-worldly charm. Remember that you are a glittering creature, with so much to offer. Paeonia, the Faery Queen of the Peony Flower, brings you an abundance of beautiful blessings to assist you to fulfil your divine destiny: renewal after a deep and profound loss, the sweetness of romance, love and feminine beauty, and special blessing for healing and restoration of the body, mind and soul. The faery folk are interested in you. They see that you have the ability for healing, for saving the environment, for awakening higher consciousness in others through art, music, dance or the way that you are with plants, animals and crystals. In recognition and encouragement of your spiritual purpose and talents, Paeonia brings you abundance and prosperity; she brings you happiness in love and, even, if your heart truly desires it, fame in your future. The Earth Mother and her fae creatures, are encouraging and supporting you wholeheartedly to find and fulfil your life purpose.

## SACRED RITUAL

If you can listen to nature sounds, alive and in the moment, or through music, do that now. Close your eyes and really listen. Your soul can hear faeries speaking within the sounds of nature. They whisper and sing of magic and beauty and grace to enter the world. Feel gratitude in your heart for these beautiful blessings, and imagine them filling your heart and the hearts of all beings.

---



## 28. *Medicine Wisdom*

### IN A READING

The Earth Mother agrees to support your wants and needs, to help you live your best life and fulfil your dreams. Her generosity and her power to assist you is beyond what you can imagine. She is already leading you towards your sacred life purpose, providing exactly what is needed for your

soul to blossom, just as she creates what is needed for the flowers of the earth to bloom. This is confirmation that you are on your sacred path. It may take some twists and turns, but you are headed in the right direction, and you are being supported in all ways to gain all the experiences and blessings that are meant for you.

### SPIRITUAL GUIDANCE

You're a wild woman. You have the spiritual gift of medicine wisdom, the healing way of the sacred feminine. This soul wisdom and healing ability comes from Mother Nature. Her seasons and weather, her landscapes and the particular life that they support – including her animals, plants and crystals – all have their own unique purpose and healing power. Learning to recognise the signs, to feel for their meaning, to listen for guidance and activate the medicine wisdom in yourself and your life is your training as a true medicine woman of the soul. Listening, intuiting, feeling, experiencing, trusting – these are the ways you begin to tap into and harness the grace, beauty and power of the sacred feminine for healing purpose. When you live your life from a place of playful connection, reverence and gratitude for the Divine Feminine, she will love and empower you to accomplish things that you could never do on your own. She is an infinitely practical divine being, able to help you with every aspect of your life

on Earth and, through you, to help others, too. She is asking you to trust her, to let go of logic, or believing that you have to accomplish it all on your own. Let yourself be in creative partnership with the Divine Feminine, with Mother Nature, and as your earthly cares are provided for with ease and grace, you can dedicate your energy and focus to discovering and expressing your talents, which is how you fulfil your life purpose.

### SACRED RITUAL

Place a hand on your heart and say aloud, “I accept my calling as a true medicine woman of the soul, supported on all levels by the powerful grace of the Divine Feminine. I trust that Mother Nature is speaking to me daily, showing me the way to fulfilment, happiness and peace for myself and all beings.”

---



## 29. *Beautiful Bandit*

### IN A READING

You can choose right now to feel good about yourself. If you've been beating yourself up, stop it now. Don't let anyone else decide how you should feel about yourself. Taking responsibility for your actions means that when you have done something that you feel is out of integrity, you do something about it that is constructive and useful. Damning yourself with judgement, or allowing another to steal your self-esteem, is neither of those things. The Divine Mother is telling you to forgive yourself and use your energy now to live the best life that you can. It's time to

take your life back.

## SPIRITUAL GUIDANCE

You are one tough sweetheart, a spiritual gangster, a beautiful bandit, stealing back from the unworthy that which rightfully belongs with you. You have certain spiritual rights that cannot be denied you. Your dignity, power and grace, your sense of beauty and self-esteem, your chosen belief systems, your energy and your right to take up space in this world rightfully belong to your soul. Your faith in your spiritual connection with the Universe and your sense of your life purpose belong to your soul, too. So do your joy, your laughter and your enjoyment of life, your belief in your own purity of heart and the goodness of your own being. Your right to love yourself is owned by your soul, too. Even when you make mistakes, the Great Mother loves and forgives you, knowing that you are doing your best and are her precious daughter. You have a spiritual right to be free from torment, cruelty and mental anguish. You alone own the right to choose your thoughts and claim your freedom to make your own choices. You are fierce with wisdom. You know that another cannot ever successfully steal what truly belongs to you – and if they try, your sacred rage will rise up, and you will not hesitate to stake the winning claim for what is rightfully yours. The Beautiful Bandit comes to you with a message – anything that you feel has been taken from you unfairly shall be taken back by you. Claim what is yours by spiritual right. Justice will prevail.

## SACRED RITUAL

Stand upright. Say aloud, “I claim the entirety of my divine inheritance. All that is rightfully mine through divine justice and divine mercy is now returned to me. Through my own free will, so be it.”





## 30. *Priority of Purpose*

### IN A READING

You are a dreamer, but you are also meant to be a doer. It's the right time to cast off some of the demands on your time and attention that are keeping you from pursuing your true purpose. If you have many dreams, that's fine, but it is wise to focus on what you can do now. Allow your other dreams to percolate in the background for a while. When it's time to attend to them, you'll know. For now, do what you can and don't be afraid to make a sacrifice or two along the way. Those sacrifices will be repaid in more ways than you currently know. You won't lose anything by dropping the distractions and going for it.

### SPIRITUAL GUIDANCE

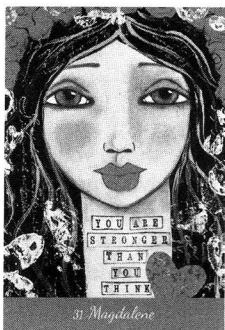
Making a choice can be hard, as if to say yes to one thing, you have to say no to fifteen other things! Remember that saying no is just saying, "not right now", rather than "never". There is a higher plan for your life that includes all of your passions. You can do it all, but just not all at once. Your soul knows how to build your most inspired and beautiful divine life, as though it were building an extraordinary temple for your spirit. It knows that the foundations need to be prepared and the walls built before the windows, doors and skylights can be installed. The roof may be absolutely one-of-a-kind incredible, but if you try to lay the roof before you've built the walls, you are going to have some problems! There is a certain order to how things need to happen, which the soul intuitively knows. That is why listening to the soul and trusting your inner guiding voice makes more sense than trying to accomplish everything straight away and ending up with so much less than you deserve for all that effort. Every moment of

patience and sacrifice that you make now is stored up by the Universe as a sweet grace that you will receive back later, as everything falls into place so perfectly. Tune in and trust your soul to show you how to gain everything you ever dreamed of, one simple step at a time.

### SACRED RITUAL

Write a list entitled, "This is what matters most to my heart and soul." Read your list aloud and then say, "I trust that my soul is blessed and will show me how to create my most beautiful destiny, one step at a time."

---



## 31. Magdalene

### IN A READING

You can experience a feeling of being completely reborn, like a mythical phoenix rising from the ashes of what once was, the past completely burned away. It is not about forgetting the past, but it is the reality that the past doesn't have any hold over you.

You are being given a spiritual blessing from deep within your heart to cast off anything and everything – without exception – from the past that does not bring you peace. The Universe wants to take it from you, so let it go. There is now a brand new you – clean, fresh and ready to start again with the protective grace of the Divine all around you and within you, shining bright and true.

## SPIRITUAL GUIDANCE

The divine feminine spirit in you needs to feel cherished, adored, loved and worshipped for all that she is, for all that she offers. She has much so love to give from her heart, through the intimate sharing of her innermost self, through connection, touch and the sacred pleasure of her body. She knows that expressions of love through the body are a sacred gift, of high value and worthy of appreciation and respect. They are not to be demanded or taken for granted, abused or criticised in any way. Some who lack wisdom may try to shame her and judge her gifts of physical love. Some may claim that they are owed her gifts of love and say that she must provide them on demand. Maybe they threaten to withdraw their love otherwise, to harm or reject you or try to justify their behaviour with their "rights", legal or otherwise. That is always, without exception, unacceptable and a blasphemy against the goddess. You are a sister of Magdalene, a priestess of love upon this earth. You are worthy of respect, and you have the power to assert your value, your purity and your grace, no matter what has been or may be, no matter whether others understand or agree with you. You know that dignity is always yours by divine decree. You need only claim it for yourself.

## SACRED RITUAL

You can use a red scarf or pashmina as a veil in this ritual, or you can use your imagination. Place the red veil over your head and say, "The red veil of love, created from the blood of the divine heart made flesh, cleanses and protects me now. Through this extraordinary grace, I am freed from the pain of judgement, betrayal and abandonment. I reclaim my feminine dignity. I accept and honour my sacred beauty."

---



## 32. Queen of Hearts

### IN A READING

Your heart has been chosen by the Divine to be a temple for spiritual light, an inner place where grace and healing can dwell. This is very special. A temple is kept clean and pure, scented with sacred perfumes of incense, made beautiful with our feelings of reverence and love for the spirit, kept uncluttered and spacious so that as much spiritual presence as possible can enter. When spirit enters and fills the temple of the heart, things of extraordinary beauty take place. Even the apparently impossible becomes possible. Clear your heart temple with forgiveness, gratitude and love for the spirit, so it can fulfil its divine destiny of being a sacred channel for beautiful divine grace.

### SPIRITUAL GUIDANCE

The mind may believe it has got the power to rule, but, in truth, the heart is queen. You are a true goddess of love, one who consults the heart for answers. You will courageously follow the guidance of the heart. Even when the mind doesn't want to surrender to the call of the heart, and fearfully lists numerous reasons why it is crazy and stupid and will end badly, you know that the doubt of the mind is no match for the power of the heart. As you continue to honour the divine wisdom of the heart within your own life, you become empowered to help others learn to trust and grow through love's guiding inner light too. You become a keeper of the sacred heart. The divine love of the sacred heart will protect you and guide you in the most extraordinary ways. All you need to do to receive this divine assistance is to keep honouring your own heart. Remember that the heart has its own way of attracting what it needs, of creating healing and new opportunities.

Things don't need to make sense to your mind or to anyone else, they just need to make sense to your heart. You are already a divine queen, your heart aflame with passionate purpose. Stay true to your heart wisdom and you will change the world.

### SACRED RITUAL

Place your hands in prayer and say these sacred words aloud, "My beautiful heart is queen, and divine love is king. Together they rule the holy kingdom, upon heaven and Earth, with harmony, grace and joy."

---



## 33. Mermaid Soul

### IN A READING

Deep within, you know what excites and inspires you. Your job isn't to decide whether that inspiration is practical, realistic or even possible. Human beings have been shown throughout history that the ideas which they once scoffed at as being ridiculous or impossible to achieve

can become the realities that they rely upon and take for granted as a natural part of their daily lives not long afterwards. You too shall move from doubt to wondering how you ever lived without this passion, idea or inspiration of yours. Let the Universe show off its creative flair for the unexpected and inspirational through you. Do not give up on what truly moves and inspires your heart, for soon enough it will be part of your world.

## SPIRITUAL GUIDANCE

You are a rare creature, not entirely of this world. You need to swim in deeper waters of mystery and meaning. In those deep places, you can commune with the sacred and be nourished by that which is real and yet cannot be explained. To deny this and remain on the surface of things will not satisfy your soul. It would be like eating stale biscuits, when what you really hunger for is succulent fruit, sweet with juice. Too much of what most people think is the “real world” dries out your soul. You crave mystery and magic the way most other people crave control and certainty. These yearnings of yours are not immature or escapist. They are the voice of your inner mermaid, rising up from your oceanic soul. Her siren song is the voice of your true desires. You are connected to worlds beyond this physical reality, the worlds of spirit, healing, intuition, meditation and creativity. When you are in touch with her you will embody your feminine freedom and spiritual independence. You will live your life according to what fills you up, living from that inner place where you feel at home, the realm of your soul.

## SACRED RITUAL

Imagine that your inner mermaid can sing to you now, using whatever words or sounds she likes. Her honest voice rises up from the depths of your soul. Let her sing to you, expressing deep truths either aloud or silently as you listen to her with your spiritual ability of inner hearing. Receive her siren song, whether it makes sense straight away or not, with unconditional acceptance and loving respect.

---



## 34. Shaman of Skulls

### IN A READING

In your heart, you have been asking for something different, something more, and the Universe is answering your prayers. You do not need to be afraid of the changes happening, or that are going to happen, for you. They are part of that answer from the Universe! You might feel uncertain because you cannot see how it is going to all work out – but know that the Universe is caring for you, and will provide a way to move through the transition with grace. You are not crazy to willingly enter this experience. There is nothing that you need avoid, and so much that you will gain.

### SPIRITUAL GUIDANCE

Something is ending. Something that has meant a lot to you. Maybe it is a relationship, a phase of your life, an identity that no longer suits you. Maybe it is an inner ending that you cannot quite articulate, but you feel nonetheless. This is a symbolic death with a greater purpose. The shaman is spiritually trained to overcome the fear of symbolic death and, instead of avoiding endings, to willingly go through them with the awareness that an ending is simply the other side of a beginning. The shaman learns that endings happen when something new wishes to be born. The shaman knows that this is ultimately for good, and has compassion for the human mind that may still feel very uncomfortable and resistant to the process. So, even whilst we may accept the change, even with gratitude, our minds might feel uncertain and afraid – we might feel confused or try to cling to what is ending. These are natural human responses to loss, especially when we sense that loss is irreversible and that life will never be quite the

same again. Be patient with yourself, be kind, but also know that new life is happening for you now according a higher purpose and loving plan. Your life is meant to change at this time. Be encouraged. From the ashes of this symbolic death, you shall rise again.

### SACRED RITUAL

Place your hands lightly on either side of your head. Say aloud, "This sacred skull holds the light of wisdom, shining unconditional divine love in all directions now." Use your fingertips to gently massage your head, all over, including under your jaw and behind your ears, allowing your head to feel relaxed.

---



## 35. *On Your Own Terms*

### IN A READING

You are not the person you once were. You know it, but others might not always be ready to let the old you go so easily. Do not allow yourself to be shoved back into patterns of behaviour that are not true to who you are now. You have worked hard to grow and become this new self. Believe

that she is more real than the old you, even if she is less familiar to others (and maybe even to you) at this stage. All that will change, and what is new now will become familiar and easy for you to sustain in the near future. Be stubborn in a good way whilst you – and others around you – come to realise that the new you is the real you.



## SPIRITUAL GUIDANCE

Others may offer their input, but when it comes down to it, it is you alone making your life decisions. Your choice may once have been to meet the expectations and honour the opinions of other people – but you are aware now that the best choices for you actually honour your own heart, irrespective of whether others understand your reasons or feelings. You might have to practice not feeling guilty or selfish about choosing to live your life in the way that suits your soul. You might have to be patient with those around you who need some time to get out of the habit of expecting you to do as you are told. It may take some time for them to adjust to the way you are now, behaving and thinking based on your own inner guidance. Stand your ground and reinforce this new behaviour until you, and those around you, really get that this is how you are living from now on. You now know that you don't have to wait for permission. You get to choose how you want to feel, how you want to live, and who you want to be. You're ready for the responsibility and sweet reward of living your life on your own terms.

## SACRED RITUAL

Trusting in your own empowerment can take some practice and self-encouragement. Write a list of five things that you do already that are powerful. It might be refusing to have your thoughts controlled by another or exercising your body, walking away from something that's not right, or choosing to give yourself time out when you need it. As you write your list, remind yourself that you already have begun your journey of empowerment. You can continue to be bolder in how you choose to express your empowerment when it feels right for you.

---



## 36. *Elk Medicine Woman*

### IN A READING

There are certain things that are meant to happen at particular times. This is the working of destiny. No matter how much pressure there is from the outside world or from your own expectations, there is an order of events and divine timing in place so that what is meant to be, shall be. Balance your active pursuit of your dreams and ambitions with patience and trust in the right timing of things. You are given a message that you are capable of great accomplishment this lifetime. Rather than fighting against life, trust that it is working with you and for you. Do what is in your power to do, but pace yourself with trust and surrender, too.

### SPIRITUAL GUIDANCE

Elk Medicine Woman comes with guidance to heal your soul. Steady does it, wild one. Maintain the pace that matches your inner rhythms. Do not feel rushed by urgency or external demands. You cannot force life to flow. The heart is at peace with this because it knows that perfect timing is divine timing. You have the endurance to go far, to attain great things in this life. You must conserve your energy to maintain your stamina. If you push yourself to exhaustion, you just make the way harder for yourself. Nor does it speed up your results. Forcing creates resistance, which just slows everything down. Elk Medicine Woman understands that you have great courage, which will take you to places that others may not dare to go! With your inner wisdom and self-confidence, there is so much that you shall achieve and receive. She whispers in your heart, affirming that your accomplishments shall be impressive. She guides you to work hard,

but also to enjoy your life and allow others to support you. When divine timing is just right, you will hit your stride. You will attain all that for which you have aimed, and more.

### SACRED RITUAL

Place the backs of your hands on top of your head with your fingers extending upwards in a slightly curved shape. These are your symbolic soul antlers! They draw in divine transmissions of guidance, blessing, energy and instruction. Imagine, visualise, feel or pretend that you can suction all of that spiritual goodness into your soul antlers, then move your hands down to relax on your heart.

---



## 37. *Psyche*

### IN A READING

You are going to find the exact help that you need at the exact times that you need it. You have the ability to attract resources – and even to create something out of apparently nothing. Don't put your focus or your faith in the material world and its seemingly endless obstacles and difficulties.

Direct your attention and your trust towards our all-powerful and unconditionally loving Universe, which is your friend and teacher. When you do this, you empower the Universe to help you, and it really wants to, in the most amazing ways.

### SPIRITUAL GUIDANCE

Psyche, goddess of the soul, accomplished seemingly impossible tasks as a human being, before she became a goddess. She reminds

us that our human courage, intelligence, willingness to go through the unknown and face our fears, even when the obstacles may seem insurmountable, is enough to succeed. She teaches us how to know when we must do something for ourselves, and when we need to allow others, with their different knowledge and skills, to help us. She urges us to not be afraid of being vulnerable. She teaches that feeling weak at times doesn't mean we have no strength to succeed! We just need to be honest about how we feel, whilst we choose to keep going and believe that somehow everything will work out. That's called having faith. Psyche knows that, just like the emerging butterfly, the biggest challenges in our lives are actually helping us to become what we were always destined to be. Sometimes, we need a push from the Universe to do what we need to do to fulfil our divine potential. It's safe to trust what is happening in your life, even when the way ahead intimidates you. Refuse to give up when things get difficult. Remember, goddess-in-training, love will always find a way.

### SACRED RITUAL

Find some space where you can dance with your eyes closed without bumping into furniture. Play a piece of music that you would like to listen to at this time. Close your eyes and allow yourself to move. Don't use your mind to tell your body which steps to take. Feel for your soul within. Trust your soul to inspire your authentic self-expression.

---



## 38. Soul Sisters

### IN A READING

You are being emotionally and psychologically influenced by the people around you more than you may realise. Sometimes this is good – they uplift and inspire you and help you feel loved and loving. However, sometimes, you can sense that being truly yourself in a situation could result in unwanted conflict, and you undermine yourself to keep the peace. You'll find that, the moment you stop doing this, some difficulties you've been having in moving forward will fall away, almost as if by magic. The relationships worth holding on to can handle a little more truth, even if feathers get ruffled before being smoothed over with love once more.

### SPIRITUAL GUIDANCE

Some relationships nourish your soul, whilst others damage it. A nourishing relationship has an effect on your soul, just like nourishing food does on your body – it makes you feel good, increases your energy to live your life and enhances your wellbeing. Healthy relationships for your soul are those that uplift, inspire and help you become more of yourself with fearlessness. They do not drag your spirit down into anxiety and confusion. Some people may love you, but just not know how to be in a relationship with you that is healthy for your soul. With such people, you will either need to show them how to be in your life in a soul-loving way or take extra special care of yourself when you are around them. Sometimes, this will not be enough to protect you from the negative influence of the relationship, and you will need to walk away. This can be sad, yet it also creates space for your soulmates to enter your life. These are the

people with whom you share a deep and real connection. You love each other in a way that frees you to be yourselves. We attract new soulmates into our world by being good to ourselves. Be your own best friend, first. Require respect in your relationships. Then you will find it easy to recognise the people who genuinely love you and invite them into your heart.

### SACRED RITUAL

Say aloud, “I invite healthy love and connection into my life. I have the courage to handle unhealthy patterns of relating with wisdom and strength. I love myself, and I have so much love to share unconditionally with others. My heart recognises my true soulmates as I open myself up to genuinely loving relationships.”

---



## 39. *Black Diamond*

### IN A READING

You have a powerful spiritual journey to take this lifetime. It is not always easy to take this path. However, you are a wisdom bearer. You are one of the precious ones who is not destroyed by dark experiences in life, but is, rather, able to find wisdom and empowerment through overcoming them.

You've done it before, and you will do it again, now. As your soul becomes powerful through the pressures she has survived, you'll be able to rise to even greater challenges – but they will feel easier for you than before. You are unstoppable. You have every right to feel bold and joyful about what life holds for you next.

## SPIRITUAL GUIDANCE

Black Diamond is the bearer of powerful spiritual mojo. She shines with dark beauty through the soul that has been able to withstand great intensity and remain intact. With the power to defend you against jealousy, ill-wishing and curses, Black Diamond gives you the power to face your fears. Your soul has been working with Black Diamond, transforming your attitude towards fear, learning how to feel it without being overcome by it. Black Diamond is only available to the old soul who is ready for it. It takes many lifetimes to be able to confront fear. You have to develop unconditional spiritual trust to do this. Only then can you go through the darkness of the unknown and face your fears willingly, with absolute certainty that you will learn something of value to your soul – and knowing that you will find your way out into the light, once more. You are strong enough to experience the darkness within you, and in the world around you, without breaking your trust in spirit. Your soul knows that, even when we cannot see how, all things ultimately work for good. Black Diamond reminds you that you are an ancient and wise soul, with the power to create love even out of darkness. You are made stronger through every experience. The things that once would have caused you pressure will actually become so much easier for you to handle. You are ready for an empowered, beautiful and precious life journey ahead.

## SACRED RITUAL

Imagine, feel, visualise or pretend that you have a black diamond resting in your hands. Say aloud, “I call upon the deva of black diamond, and I give thanks for your protection, blessing and empowerment in my soul. Love and light will conquer all else.” Then imagine that you are slowly releasing any fears or doubts into the black diamond, where they can be transformed into light. Then imagine that you release the stone from your palms, allowing it to be slowly absorbed into the earth.



## 40. *Gaia*

### IN A READING

It's the right time – or soon will be – for things to come together for you. If there's something that you really believe in, but have been waiting for a long time to bring to life or to see succeed, here's good news that something is beginning to stir – and, at the right time, things are going to fall into

place. There is a bigger question of divine timing about these matters, and it is not that you are, or are not, doing something right. Do not give up, but do give in to the wise timing of the Earth Mother who knows how to grow all souls, all things, into perfect fullness of divine expression.

### SPIRITUAL GUIDANCE

Something new is being hatched. You may wonder if you are imagining it – if the idea of startling and beautiful change is just a foolish fantasy. Gaia comes to tell you that this newness is real. New life is forming, and when the time is right, it is going to spring forth as something amazing. What is needed is some patience, care and a willingness to trust in what is happening within your own soul. Most of the time, people don't think much about their soul, let alone use their inner senses to feel for what their soul is experiencing. When we do take the time to go within, to inquire after our own soul experience, a beautiful inner relationship develops, and we start to feel the life of the soul as a very real and genuine experience. We begin to experience more joy, faith, patience and trust. We start to



share a special, secret inner knowing with our soul about beautiful happenings that are going to take place. We feel a quiet inner confidence and a sense of knowing what is going on in our lives at a deeper level. This is comforting and helpful. Now is the right time to take time for your soul, to care for yourself just like you would a fragile egg with precious new life growing inside. Enjoy your growing soul connection as you trust in what is about to hatch.

### SACRED RITUAL

Imagine that you have a precious, invisible egg which holds a precious new life within it. This egg exists deep in your soul. Speak to it in a soft, loving, cooing tone. Tell this egg how much you love it, how grateful you are that it is going to come to life. Then imagine that egg glowing in soft golden tones as it receives your loving tones.



### 41. *Amalthea*

#### IN A READING

Your soul is learning about love. Whether you fully realise it or not, you are breaking free from a pattern of relationship that has not been respectful enough of you and your heart. This includes the relationships you have had with yourself, with others – be they friends, romantic connections, colleagues or strangers – and even the Universe. As you allow yourself to feel worthy and release feelings of hate, shame, guilt or judgement towards yourself, a new spirit of gentleness, love and devotion will fill your heart and transform the quality of your connections with others and the Universe. A beautiful new world of love is opening

up for you.

## SPIRITUAL GUIDANCE

Amalthea, the ancient goddess of nurturing, asks you to have faith in your ability to love and in the power of your heart. Perhaps you doubt your heart sometimes, wondering if it is pure enough, if your love is enough. Maybe you convince yourself that you have to do more or be more than the beautiful being that you already are. You must stop torturing yourself with these mean mind games. They are not good for you, and they are not true. When negativity threatens to put you down, let your soul speak up from a place of feminine power and quiet inner assurance, as you say, "I affirm myself and my love. Me and my heart are more than enough." Your heart is one of the special ones. It has the capacity to love in an unusually expansive way. Your heart is one that can care for the whole world. Within your heart is a healing warmth that can touch people, even complete strangers, and change lives for the better. You don't need to try and make this happen; it happens naturally, when you are just being you. Amalthea, the goddess who soothes, reassures you of your heart's power and value, now, and that how you love is more than enough. She reminds you to open your heart to yourself – to love yourself, too.

## SACRED RITUAL

Feel, pretend or imagine that you can smile at your heart. Feel your heart smiling back at you. Feel your heart smiling to the world, and the hearts of all living beings smiling back at you.

---



## 42. *Angel of Truth*

### IN A READING

The truth wants to be told, needs to be heard. It may seem like the whole world wants to believe in a lie, and so you wonder if you are crazy, if you are the only one who is thinking differently and desiring the real story to emerge. Yet those that fight against the truth are even more in need of it! There

can be no healing, no freedom, no moving on without it. You are going to be blessed with a truth revealed, a realisation about yourself, the world or others that will bring you relief. It will happen at the right time. It will set your soul free.

### SPIRITUAL GUIDANCE

Sometimes, the lies we are repeatedly told become so familiar that we forget that they are lies and begin to believe that they are real. Maybe it's someone judging us that is the lie. Maybe it's advertising and the media, which are often more about deceptive manipulation than a source of correct information. Whatever the source, all untruth teaches us the same thing – that we must be afraid and hate each other. When we are fed so many false truths, it can become hard to remember what real truth feels like. It can even start to seem like the truth doesn't matter as much as being able to convince another person to accept your point of view. This is like poison for the soul. The soul needs truth like your body needs air. It keeps it alive. Deep in your soul, you know what is true, and you know when you, or anyone else, is not being truthful. You are sensitive enough to know that only truth feels good for you. You must give yourself permission to be truthful with your own soul and live honestly, authentically and bravely in this world. It is the only way for you to really be you. The

Angel of Truth comes to you with protection and encourages you to put your faith in truth, because it will always shine stronger than any lie.

### SACRED RITUAL

Place one hand lightly at your throat and say the following aloud, "I now release any lies, gossip, curses or deceptions made by me or against me, in this or any lifetime. Through divine love, mercy and compassion, my entire being is now blessed and cleansed. I am free to live, love and express truth in all its shining glory."

---



## 43. *Madonna of Roses*

### IN A READING

There is a way to be fierce that doesn't betray the kindness of your heart. When you know that to enable someone to behave badly towards you doesn't help them or you, you don't need to subject yourself to unnecessary guilt for taking care of yourself or fear that you aren't being compassionate.

You are teaching yourself and others the truth that love is based in respect – and that trying to take what doesn't belong to you through any form of aggression or manipulation, seduction or persuasion is neither loving nor respectful. Thorns are sharp because they need to be. They don't diminish the beauty of the rose. They protect it.

### SPIRITUAL GUIDANCE

Your soul is a holy rose, a sublime creation under the care and

protection of the Madonna of Roses. The soul that is a holy rose holds an exquisite spiritual perfume. She goes through struggles early on in life that teach her when she will need to protect herself from those people or situations that would try to cut her off from what vitalises and inspires her with life. She is taught to recognise those that would steal her away from her destiny and try to use her for their own selfish purposes. She knows that people who try to use her do not love her. They are interested in what they can gain from her, not what they can share and create together with her. So, she is not shy to let such unworthy hands that grasp after her feel the piercing of her thorns. By the time she reaches spiritual maturity, fully blooming as the rose, she understands that she is here on this planet to heal many souls with her inner divine feminine beauty. She can only do this when she takes care of herself. She can allow others to love her, but she can never put her wellbeing or safety into the hands of anyone other than herself and the Divine Mother who watches over her. She is her own woman, this holy rose, a living temple of the goddess, bringing heavenly beauty to Earth.

### SACRED RITUAL

Say this prayer aloud, "The Madonna of Roses blesses me with the wisdom to share myself with those that truly love me. I forgive those that have tried to use me, and I forgive myself for allowing myself to be used. Now, it is time to start anew, with strong thorns of protection. My rose soul blooms for all to behold."

---



## 44. *Earth Goddess*

### IN A READING

To live the dream, we have to surrender the fantasy. This can be painful. It feels like the end – when, in fact, it is the beginning. Once the pain passes, there is the joy of what we have yearned for coming to life. It may not be as perfect as the fantasy, but it will be real, and it can nourish us. We can

build our appetite for life with dreams, but we cannot be fed by them. The soul requires real life experience to become fully alive, to have experiences and grow. There's a fantasy that wants to become reality for you. Don't let a few gritty moments or human imperfections prevent you from experiencing the joy of heaven on Earth.

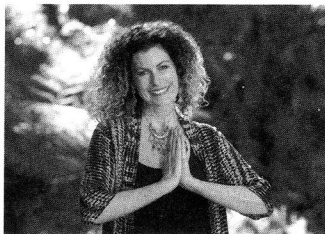
### SPIRITUAL GUIDANCE

You have beautiful dreams and wonderful visions of what life could be. It is not enough to imagine them. You want to live them! This is exactly how you are meant to feel. For that to happen, you must practice feeling grounded, taking practical earthly steps, one at a time, to bring your dreams to life. The Universe will send so much help your way, but you are the one who must take the steps. Spirit cannot do that for you. Even if you are not sure how your biggest, boldest dreams can come together, you can still ask yourself, "What is it that I can do now?" Sometimes, it will be an obvious action that you can take, and, sometimes, you will need to pray and meditate and ask for the way forward to be shown. When you can do something, do it. When you cannot, rest and wait for your intuition to nudge you when the time is right to take action. Remember, you are an Earth Goddess. You have the power to manifest your visions, to bring your beautiful ideas to life in the world. This is what you are here

to do. Remember to love yourself enough to recognise your creative power and use it joyfully each day.

### SACRED RITUAL

Lie on the earth, if you can, or rest somewhere that feels right for you. Imagine, feel, visualise or pretend that the earth energy is rising up through your feet, into your belly, and then up to your heart. She is giving you a shakti-pat, a boost of divine feminine energy from the great goddess, to help you feel confident in your own power.



## *About the Author*

When something is natural for you, especially if it has been that way since childhood, you can assume for a long time that it is natural for everyone. It took me some years to realise that my

sensitivity, healing ability and natural conscious connection to the higher planes of spiritual guidance was unusual.

It wasn't long after that realisation that I stepped away from a career as a lawyer (spiritual law was always more interesting to me anyway) and I began my vocation as a spiritual healer and teacher.

From the earliest memories I have, I was always in conscious connection with Spirit. It has always been as natural as breathing to me and is probably the gift that I am most grateful for this lifetime – though I have gratitude for plenty.

As a young woman in my teens, I began exploring meditation and psychic work, and it was simultaneously like discovering a whole new world and one that I was somehow more familiar with too. In those inner worlds, I found a source of love, intelligence, humour and guidance that was incredibly kind and helpful. It changed my life. I wanted other people to have the opportunity to benefit from that loving guidance too, if they so chose. In my early twenties I began my work as a spiritual teacher and over the past two decades that has unfolded in some most beautiful and unexpected ways!

Now I live, breathe, write, sing, dance and create in honour of that loving guidance, to help its voice be heard in the hearts of those that are in need. This is the voice of the soul. It is the inner voice that honours you and all that you are, sees and encourages you to live with boldness and courage to become all that you can become.

You'll hear this voice in my books, DVDs, CDs and oracle decks. You'll hear it inside of your own heart, as though a tuning fork has



been struck in the depths of your own being, and you'll realise that you don't need to be afraid. You just need to be alive and take your unique journey with trust. May you blossom and shine, dear one, into all that you can be, all that you are.

Visit Alana online at: [www.alanafairchild.com](http://www.alanafairchild.com)

---

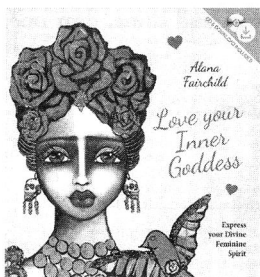


## *About the Artist*

My name is Lisa Ferrante. I am a self-taught mixed-media artist. Once I discovered mixed-media art, years of feelings about my life seemed to flow from my hands and from my heart. I can get lost in a painting for hours, and am most often completely surprised at the final product. I am never certain where the journey of any one piece will take me. Sometimes a word will inspire an entire work; other times it is only when the piece is complete that it is clear what it is meant to say. All are about love – maternal love, romantic love, self-love and self-empowerment. These themes are a reflection of me; they are me exposed; each purges another powerful emotion, another profound realization. Each piece represents another step in my own evolution as a woman.

You can find out more about me and my work at:  
[www.etsy.com/shop/LisaFerranteStudio](http://www.etsy.com/shop/LisaFerranteStudio)

ALSO AVAILABLE FROM BLUE ANGEL PUBLISHING®



## Love Your Inner Goddess (Gift Book & CD/MP3 kit)

Alana Fairchild

Artwork by Lisa Ferrante

Loving your inner goddess means giving back to you, as you learn how to nurture yourself. Explore sacred feminine play and healing as your inner

goddess shines and shows you how to respect yourself, feel vital and enjoy your unique beauty.

Awaken and express your divine feminine spirit with these fun, quick and enjoyable techniques to nourish your soul and enhance your emotional wellbeing. Your loved-up inner goddess will inspire you to ...

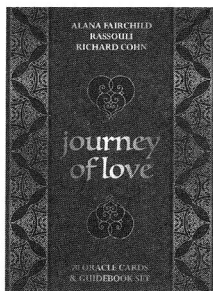
- Express yourself authentically
- Be empowered and self-confident
- Ignite your creativity
- Trust your intuition
- Feel attractive and radiant (that's your inner goddess glow!)
- Shine with positive energy

Enjoy music, meditation, sacred rituals and spiritual guidance as you discover the powers of your inner goddess. Celebrate the exotic, empowered goddess within you!

ISBN: 978-1-925538-07-6

100-page book with CD and MP3 download card.

ALSO AVAILABLE FROM BLUE ANGEL PUBLISHING®



## Journey of Love (Oracle cards)

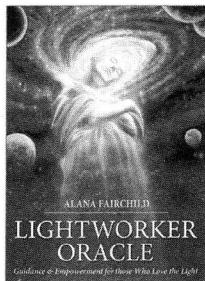
Alana Fairchild, Rassouli  
& Richard Cohn

Featuring 70 illuminating paintings by visionary artist Rassouli, the cards in *Journey of Love* are bursting with vibrant hues and stunning mystical depictions of feminine and natural beauty that help you connect deeply with the love that is at the very heart of everything in existence. Accompanied by exquisite poetic verses by Richard Cohn and profound messages of guidance by Alana Fairchild, these cards are designed to assist you to find your authentic path through the opportunities for growth presented to you in all aspects of life, especially in your relationships, not only with others, but in your sacred relationship with yourself. Ask the oracle whatever it is you yearn to know, then be carried on a journey through the mists of time, where your answers await ...

ISBN: 978-1-922161-15-4

*70 cards and 164-page guidebook set, packaged in a hardcover box.*

ALSO AVAILABLE FROM BLUE ANGEL PUBLISHING®



## Lightworker Oracle

Alana Fairchild

Artwork by Mario Duguay

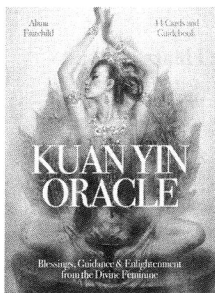
This deck is for those who feel an inner calling to connect with divine light and higher frequencies of consciousness to bring healing to the world. You can create a positive contribution to our planet, evolve spiritually, and develop your innate abilities to work with energy through different healing modalities, channelling, and communicating with higher beings such as angels, ascended masters and other spiritual guides. You can help humanity shift from fear to love.

You might already know you are a lightworker, or maybe you wonder if you are meant to be a healer or guide for others on their spiritual journey. If you are attracted to this deck, then your soul is telling you that you are a lightworker, and you have a life purpose that involves healing yourself and the Earth. *Lightworker Oracle* is designed to support your deeper awakening, empower you and encourage you to fulfil your divine life purpose.

ISBN: 978-1-925538-00-7

*44 cards and 140-page guidebook set, packaged in a hardcover box.*

ALSO AVAILABLE FROM BLUE ANGEL PUBLISHING®



## **Kuan Yin Oracle**

### **Blessings, Guidance & Enlightenment from the Divine Feminine**

Alana Fairchild  
Artwork by Zeng Hao

The 44 cards in this deck guide you to a place of inner peace and beauty. Her energy reaches out to you from each card.

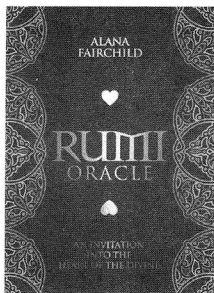
The messages, inspired by her presence and guiding voice, contain her wisdom to help us live a loving and enlightened life that is practical, spiritual and positive. The guidance in the messages and the practical exercises for each card nourish you on your spiritual path, help you realise that you are a divine Soul and learn to love, trust and live your highest destiny this lifetime.

May your heart be opened and touched by her grace.  
May you realise her beauty is a mirror of your own divine Soul.  
Blessings to you beloved one.

*ISBN: 978-0-9872041-8-9*

*44 cards and 144-page guidebook set, packaged in a hardcover box.*

ALSO AVAILABLE FROM BLUE ANGEL PUBLISHING®



## **Rumi Oracle**

### **An Invitation into the Heart of the Divine**

Alana Fairchild  
Artwork by Rassouli

Rumi speaks a sacred language that we understand with our hearts rather than our minds. He knows the heart is the gateway to divine union and he doesn't want you to play small this lifetime. He encourages humanity to live and love with absolute surrender, abandon and willingness to accept the mysteries of life.

Whether you have studied his poetry for years or are drawn to him only now, this oracle deck will strengthen and illuminate your connection with this beautiful and powerful soul who loves you with a fierce passion.

Rumi has a heart so open that the entire world that he loves so dearly can easily be held within it. His is a path of love. To dance in divine love with him, you need only be willing to enter your own heart. May the blessings of this spiritual brother lead you into the bliss of your own divine heart-centred nature.

**ISBN: 978-1-922161-68-0**

*44 cards and 204-page guidebook set, packaged in a hardcover box.*

ALSO AVAILABLE FROM BLUE ANGEL PUBLISHING®



## Sacred Rebels Journal

Alana Fairchild

Artwork by Autumn Skye Morrison

**FEATURES 44 FULL-PAGE COLOUR  
ILLUSTRATIONS**

This deluxe book/journal by renowned spiritual teacher and bestselling author Alana Fairchild, featuring 44 exquisite art reproductions by Autumn Skye Morrison, is for you – the Sacred Rebel. This is your place to be real. Enjoy being you, with all the intricacies and quirks that entails. There will never be anyone quite like you on this planet. Through Alana's divinely inspired musings and teachings scattered through this book, you'll be guided to express the true you authentically and to commit to your dreams and insights with purposeful, passionate action. As you explore your inner workings, you kick off a process of divine alchemy. As you dare to ask deeper questions, the healing genius of the Universe is revealed to you. This journal includes five guided creativity and healing processes developed by Alana to help you trust in the Universe and divine timing, reclaim your power, unlock your creativity and unleash your wild divine beauty! Features cream-coloured premium quality wood-free paper, with a combination of lined and unlined pages so you can write, doodle, paint or draw.

*ISBN: 978-1-925538-19-9*

*220 pages. Size: 18 cm (w) x 23.5 cm (h)*

For more information on this  
or any Blue Angel Publishing release,  
please visit our website at:

**[www.blueangelonline.com](http://www.blueangelonline.com)**